Gain insight into psychological issues often seen in older adults such as depression, anxiety disorders, and dealing with loneliness. The class will also cover emerging issues including chemical dependency in the elderly and exciting new psychological research in the area of neuroplasticity of the brain in older adults.

CLASS SCHEDULE

February 7     Introduction to Course. Psychology Roots.
February 14    The Biology of Mind and Consciousness.
February 21    Developing Through the Life Span.
February 28    Sensation and Perception.
March 6        Human Learning.
March 13       Thinking, Language and Intelligence.
March 20       Spring Break – No Class.
March 27       Motivation and Emotion.
April 3        Stress, Health, and Human Flourishing.
April 10       Psychological Disorders. Part 1.
April 17       Psychological Disorders. Part 2. End of Semester.