Gain insight into psychological issues often seen in older adults such as depression, anxiety disorders, and dealing with loneliness. The class will also cover emerging issues including chemical dependency in the elderly and exciting new psychological research in the area of neuroplasticity of the brain in older people.

CLASS SCHEDULE

September 20th  Introduction to Course. Psychology Roots.
September 27th  The Biology of Mind and Consciousness.
October 4th       Developing Through the Life Span.
October 11th     Sensation and Perception.
October 18th     Human Learning.
October 25th     Nevada Day Holiday – No Class.
November 1st     Thinking, Language, and Intelligence.
November 8th     Motivation and Emotion.
November 15th    Stress, Health, and Human Flourishing.
November 22nd    Psychological Disorders. Last day of class.