

SoulCollage® An Introduction  
Debra McGuire, SoulCollage® Facilitator  
Amanda West, Co Facilitator  
Tuesdays: 9AM-10:45AM  
Contact information:

### **Weekly Topic Format**

- Class 1 - February 4            SoulCollage® History, card making, introductions
- Class 2 - February 11th        Make a card, journaling, learning to read your cards
- Class 3 - February 18th        Making a protector card, journaling, sharing in groups
- Class 4 - February 25th        Card making, journaling, reading cards
- Class 5 - March 3rd            Looking at the 4 C's, card making, reading cards
- Class 6 - March 10th            Making specific cards for your deck, the suits
- Class 7 - March 24th            Learning about the Observer, make a card
- Class 8 - March 31st            Transpersonal cards
- Class 9 - April 7h                Learning more about your deck, the suits, make cards
- Class 10 -April 14th.            Last class gallery walk of all your cards

### **Class Content**

This will be an introduction class learning about a process called SoulCollage®. This is just one of many ways to access our imagination and intuition with a healthy curiosity about ourselves. **You do not need to be an artist.** This is not about creating art, although it turns out to be just that. This is about learning a way to access parts of ourselves through finding images from magazines and books; and collaging them onto an 5 X 8 card. Once you make a card, you will begin to learn how to discover what the card has to say. You will learn to read the card, gently tapping into your inner wisdom. Many find that the process holds many valuable surprises.

### **Class requirement for supplies**

**You will need to purchase a starting SoulCollage® kit.** We will provide the scissors, cutting boards, x-acto knives and images. These SoulCollage® kits can be purchased through Amazon or type in SoulCollage® Supplies into the search bar. You want to purchase the SoulCollage® card making supply pack, which cost \$16.95. Add \$4.99 for shipping, if not Prime. If you are interested in purchasing the kit with the book, the cost is \$39.95 plus \$5.95 shipping. The book is not required for class.

Debra McGuire was introduced to SoulCollage® at OLLI at UNLV in 2017. She felt so empowered by the process that she completed facilitator training in February 2019. She team taught SoulCollage®: An Introduction this Fall, and is now ready to branch out on her own. McGuire enjoys learning many healing modalities; and is currently enrolled in EFT facilitator training. She is a Southern California native who moved to Las Vegas in 1989, enjoying a fulfilling 25 year career with the Las Vegas-Clark County Library District. Along with her love of lifelong learning, McGuire enjoys quilting, painting, hiking, reading and spending time with her entertaining Dachshunds.