

SoulCollage® An Introduction
Thursday 1:45 to 3:30
Amanda West, Bette Beauregard and Debra McGuire
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Weekly Topic Format

- Class 1 - September 19th SoulCollage® History, card making, introductions
- Class 2 - September 26th Make a card, journaling, learning to read your cards
- Class 3 - October 3rd Making a protector card, journaling, sharing in groups
- Class 4 - October 10th Card making, journaling, reading cards
- Class 5 - October 17th Looking at the 4 C's, card making, reading cards
- Class 6 - October 24th Making specific cards for your deck, the suits
- Class 7 - October 31st Learning about the Observer, make a card
- Class 8 - November 7th Transpersonal cards
- Class 9 - November 14th Learning more about your deck, the suits, make cards
- Class 10 - November 21st Last class gallery walk of all your cards

Class Content

This will be an introduction class learning about a process called SoulCollage®. This is just one of many ways to access our imagination and intuition with a healthy curiosity about ourselves. **You do not need to be an artist.** This is not about creating art, although it turns out to be just that. This is about learning a way to access parts of ourselves through finding images from magazines and books; and collaging them onto an 5 X 8 card. Once you make a card, you will begin to learn how to discover what the card has to say. You will learn to read the card, gently tapping into your inner wisdom. Many find that the process holds many valuable surprises.

Class requirement for supplies

You will need to purchase a starting SoulCollage® kit. We will provide the scissors, cutting boards, x-acto knives and images. These SoulCollage® kits can be purchased through Amazon or type in SoulCollage® Supplies into the search bar. You want to purchase the SoulCollage® card making supply pack, which cost \$16.95. Add \$4.99 for shipping, if not Prime. If you are interested in purchasing the kit with the book, the cost is \$39.95 plus \$5.95 shipping. The book is not required for class.