# LEARN. ENGAGE. TOGETHER.

# SPRING 2024

# at UNLV

# OLLI.unlv.edu

# UNIX OSHER LIFELONG LEARNING INSTITUTE





# For Rita and Ed Ort, OLLI is a fundamental part of their life.

"You know, when people ask us, Well, what do you do with your time? The first thing that comes to mind is we're involved with OLLI. It's really a fundamental part of every week. Even when there's no semester, we're thinking about it. You know, it's really what we think about and what we do." The Orts are longtime members of OLLI—nine years for Ed and six for Rita—and their involvement really exemplifies the way to get the most out of our learning community.

Ed started his career as a physicist, working on the 1974 Mars Mariner missions, but then shifted his

# OLLI at UNLV Member Spotlight

**Ed** Ort

*Student, Brain Health Advocate, and Instructor Member since 2014*  **Rita Ort** Student and Volunteer

Member since 2017

career to software development and technical writing. Rita worked for IBM, and later in the wine industry. On separate occasions she was kissed on both cheeks by both Robert Mondavi and Salvador Dali.

When Ed retired. he looked for something to do. A friend of his asked, "why don't you try OLLI?" He explained what it was and shared his catalog. Ed decided to take a few classes. and soon after decided to teach classes. He's been doing it ever since. One of the first classes he attended was Jazz Appreciation with amazing live performances. "They were free jam sessions. These guys would come in, and they were great. One performer, Sid the Kid was possibly the greatest saxophone player I heard in my life!"

Ed puts quite a lot of work into the classes he teaches—which have been on a wide variety of topics including the history of the English language, dementia, sports, and mental health. Ed and Rita work together to teach sessions of the team-led class America's Treasures. This collaboration brings a number of OLLI members together each week on a topic of their choosing. Often, the co-instructors gather for barbecues at each others' homes to plan for the coming semester. From this, great friendships have formed. "That's how we really became friends. We live in the same development, and have similar interests, and we socialize with other members as well."

### OLLI is more than just the classes.

Ed and Rita attended the OLLI tailgate party and season opener for UNLV Football this year. Rita said, "It was really a great experience having lunch provided and buses to the stadium, and then seeing the game. We like going to sporting events." Ed added, "Matter of fact, on our first date we went to a sports bar, and on our second date, we went to a Rangers hockey game. 49 days later, we were engaged."



# **Table of Contents**

OLLI Member Spotlight	Inside Front Cover
Director's Message	2
Contact Information	2
Maximize Your Membership	
OLL about OLLI and Special Events	
Join OLLI at UNLV & Spring 2024 Calendar	5
Shared Interest Groups	6
OLLI Campus Locations	
Beginning of Semester Tips	9
Frequently Asked Questions	10
Class Listing by Subject	11
Class Descriptions	

Monday	
Tuesday	
Wednesday	24
Thursday	
Friday	
Goals and Mission	
Special Event	
OLLI Volunteers	
Volunteer Form	
Membership Form	
Teach for OLLI	Inside Back Cover
Welcome to our New Home	Back Cover

#### **CONTACT INFORMATION**

Until Dec 31, 2023 UNLV Paradise Campus 851 E. Tropicana Ave., Bldg. 500, Las Vegas, NV 89119 After Jan 1, 2024 Maryland Pkway Building 4350 S Maryland Parkway, Bldg. 500, Las Vegas, NV 89119

Office hours:8am-4pm, Monday-Friday; Closed university holidaysTel:702-774-0LLI (6554)Web:OLLI.unlv.eduEmail: olliatunlv@unlv.edu

#### **COVER FEATURE**

Irene Williams, OLLI member since 2011 and valued volunteer. Special "thank you" to David Weinstein for cover, spotlight and contributing photography.



Bernard and Barbro Osher

# OLLI at UNLV is Made Possible by The Bernard Osher Foundation

The Bernard Osher Foundation is a philanthropic organization that supports higher education and the arts. The foundation supports a growing national network of over 125 lifelong learning institutes for retired and semi-retired adults within colleges and universities.

This network of Osher Lifelong Learning Institutes (OLLI) brings the



joy of learning and personal fulfillment to its membership.

UNLV's lifelong learning program joined the Osher network in 2006 and has grown with the foundation's guidance. OLLI at UNLV thanks the Bernard Osher Foundation for its continued support including more than \$2 million in endowment funding.

# **UNIV** OSHER LIFELONG LEARNING INSTITUTE



# About OLLI at UNLV

The Osher Lifelong Learning Institute at the University of Nevada, Las Vegas (OLLI at UNLV) is a member-driven learning community of more than 1,100 retired and semi-retired adults. Our members continue a lifetime of learning by contributing to a program rich in content, shared interests, and life experiences. In addition to our regularly scheduled classes, OLLI at UNLV offers a variety of special events, shared interest groups, and other member activities. Our community is comprised of individuals from all backgrounds, there are no education requirements to participate in classes and activities—simply a desire to share in new experiences and construct knowledge. Each of our classes is led by a group of dedicated OLLI at UNLV volunteers who bring a lifetime of personal and professional experience and passion to their classrooms. Our volunteer-led classes cover a wide range of topics at our UNLV Paradise campus, multiple satellite locations throughout the Las Vegas valley, and virtual learning platform. For more information about OLLI at UNLV and how you can take advantage of the \$105 spring membership or the \$139 spring and summer combined membership, please call 702-774-OLLI (6554).

### A MESSAGE FROM THE OLLI DIRECTOR

**Welcome to OLLI at UNLV's spring 2024 semester!** We are excited to begin our 34th year offering over 100 classes at our brand new state of the art building on Maryland Parkway, at six valley-wide satellite locations, and virtually on Zoom. OLLI at UNLV is an iconic, self-sustaining, and accessible community of lifelong learners. This year, our volunteer instructors will offer a blend of virtual and in-person classes on topics ranging from current events to colored pencil, from Arthur Miller to Stanley Kramer, from faith to finance. In addition to classes, our members have the opportunity to participate in a number of shared interest groups such as Book Club, OLLI at the Movies, and more.

We look forward to seeing you this semester of new beginnings and helping you get the most out of your membership.

Robert Levrant, Ph.D., Director

### **STEERING COUNCIL MEMBERS**

**Elena Cieslak,** Chair **Linda Edgeworth,** Secretary **Keith McMillen,** The Gayle Mason Community Outreach

### **OLLI AT UNLV ADMINISTRATIVE TEAM**

Dr. Robert Levrant, Director
Beth Davis, Program Manager
Dr. James Altman, Project and Program Coordinator
Justine Batista, Student Assistant and
Communications

Susan Waldman, Educational Programming Fran Smith, Fundraising Jennifer Neeman, Member Enrichment Julie Franco, Volunteerism

### **Lester Buenviaje, Julie Canda, Vivian Garcia, Cynthia Lee,** Occupational Therapy Doctoral Capstone Students

They can all be reached: OLLIatUNLV@unlv.edu, (702-774-6554).

# Maximize Your Membership

OLLI at UNLV members have access to so much more than our classes! Members can get involved in a wide variety of interest groups and special events. Nurture your interest in current events, attend shows and exhibits, read and discuss thought-provoking books, and perfect your artistic skills. For the latest schedules and information on upcoming events, make sure you sign up for the e-newsletter at https://olli.unlv.edu/connect-learn.

	MEMBERSHIP TYPE	PRICE
2 2 2	<b>Spring 2024 Membership</b> Can be purchased between Nov 1-Mar 22, 2024	\$105
E E E	Semi Annual 2024 Membership (Spring 2024 and Summer 2024 semesters) Can be purchased between Nov 1-Mar 15, 2024	\$139
MEME	Summer 2024 Membership Can be purchased between Mar 16-Jun 30, 2024	\$49
	OLLI at UNLV has a membership fee refund policy. For more information, please go to olli.unlv.edu/about/faq or call 702-774-6554.	•

### **OLL ABOUT OLLI**

All new and continuing members are invited to join the OLLI Steering Council and Member Enrichment Committee for our spring OLL About OLLI event on Wednesday, February 14, 2024 from 1-1:30 pm in person on our new Maryland Pkwy. Building. We will also do our virtual OLL About OLLI via zoom on 2/14/23 at 4-4:30 pm. All members will be sent a Zoom link at the beginning of the semester to participate. You will learn about the history of the Osher Lifelong Learning Institute, the founding of our OLLI community, how to maximize your participation in OLLI at UNLV, member benefits and more. If you are not yet a member and would like to join us to learn about OLLI at UNLV, please email olliatunlv@unlv.edu. Visit Pages 38 & 39 for more information.

### **CURRICULUM RALLY**

Calling all members! This is your chance! Rally with your fellow members in a discussion of potential classes, topics, and find a hidden passion to teach. Our spring Curriculum Rally will be held during Lunch & Learn on Tuesday, February 20, 2024, from 1-1:30 pm.

### **LUNCH AND LEARN**

Join your fellow members on Tuesday afternoons from 1-1:30 p.m. at the Maryland Pkwy. Building to hear from a variety of Guest Speakers on interesting topics! Start off with the Curriculum Rally on 2/20/24 and join us again on 2/27/24 to hear Bluebird Health Advocates, Joanne Ryshpan-Harris. On 3/5/24, our very own Johnny Law will do a presentation about the ACP Program (Affordable Connectivity Program). Charlie Finder will be at OLLI on 3/19/24 to talk about the AARP Safe Driving Program. A presentation by the Alzheimer's Association will take place March 26th. April 9th will showcase a presentation by Marianne Murphy and Crisly Barcega from Encompass Health Rehabilitation Hospital of Las Vegas. We will end on April 23rd with a presentation about TIP (Trauma Intervention Program) by Jill Roberts. Bring your lunch and listen to some engaging speakers.

All Lunch and Learn sessions are open to OLLI at UNLV members and community guests. No registration required. Presentation details will be sent in the electronic weekly newsletter.



### **SPECIAL EVENTS**

OLLI at UNLV is happy to bring special events on varied topics to our members. Please attend those which interest you. More detailed information about signing up and location details will be sent out through our weekly electronic emails. A three part series regarding Social Security & You will be presented by Annie Walters, during the months of February, March and April. Ever wanted to learn more about writing a Legacy Letter? Come to our zoom event on March 1st. We look forward to continuing our quarterly BHAY (Brain Health and You) events. Watch for updates!

### MEMBER LIBRARY

OLLI at UNLV members have the opportunity to access a wide collection of Great Courses DVDs, textbooks, puzzles, CDs, and more. If you would like to check out one of our 100+ DVDs or textbooks, visit the OLLI at UNLV member library at the Maryland Pkwy. Building. Additionally, members have online access to more than 100 Great Courses on subjects ranging from art to history and more to view from home. Current members can access these Great Courses at classes.olli.unlv.edu.

### **ELECTRONIC NEWSLETTERS**

OLLI at UNLV sends weekly member emails and special electronic communications to provide updated information, upcoming events, and more. If you would like to receive these emails, please call 702-774-6554 or visit olli.unlv.edu/ current-members to sign up today.

### SHARED INTEREST GROUPS

In addition to the many classes offered by OLLI at UNLV, we have a growing number of Shared Interest Groups (SIGs). Members are welcome to join these groups at no additional cost to increase their involvement in the community and beyond. To learn more about the SIGs available this spring, please visit page 6 and 7.

### **REBEL CARD**

OLLI at UNLV members can sign up for a UNLV RebelCard for a one-time fee of \$25. Use your RebelCard to access the UNLV Lied Library, computer labs, and other campus resources (university guidelines permitting). A RebelCard also gives members student rates or early access for UNLV Performing Arts productions, athletic events, lecture series, and other campus events. Restaurants and businesses near campus often offer student discounts, so always ask. More information is available at unlv.edu/rebelcard. To obtain a Rebel Card, you will need to bring your member badge with a current semester sticker or your payment receipt to the RebelCard office.



# OLLI AT UNLV RULES OF COURTESY

- · Instructor sets the format for the class
- · Each person's opinion counts
- · Everyone participates; no one dominates
- It's okay to disagree, but not to be disagreeable
- Speak positively, stay focused
- Help begin and end on time
- During Zoom discussion groups turn off your microphone when you are not speaking
- When stepping away from your online discussion group, turn off your camera
- Use the Raise Hand feature when participating in an online discussion group

Please consult the member handbook for more information.

# JOIN US THIS SPRING FOR OLLI AT UNLV CLASSES!

Step 1 Join or Renew Your OLLI at UNLV Membership right online while making your class selections, olli.unlv. edu. Brand new to OLLI? Create an account here as well, or simply log on if you already have an account. Or contact our information desk, 702-895-3394, or visit us in-person at our new location, in mid-January at 4350 S. Maryland Parkway (Maryland & Rochelle) to renew (Mon-Fri, 9am-5pm). You may also mail in your form, p 40. Mail the form and payment (please do not send cash) to: OLLI at UNLV, 4505 S. Maryland Parkway, Box 452002, Las Vegas, NV 89154-2002.

The membership fee for the 2024 spring semester is \$105. Please join or renew by Wednesday, January 10, 2024, to receive your semester parking permit and name badge or updated badge sticker before the semester begins. Members who pay after January 11, can pick up their parking permit and name badge or sticker at the information desk at our new Maryland Pkwy. Building.

Step 2 Choose Your Classes as soon as you would like at the class selection link: olli.unlv.edu (Available when catalog is posted). If you would like to add a class you may do so at the same link or by calling the Information desk, 702-895-3394, or visit in person, or email OLLIatUNLV@unlv.edu. To drop a class you must either call the Information desk, 702-895-3394, or email OLLI, OLLIatUNLV@unlv.edu.

**Step 3** Sign the OLLI Membership Waiver and Code of Conduct. You must complete signing before you are able to proceed to the checkout.

**Step 4** Click "Proceed to Checkout" to review your order and access the payment portal. DO NOT click "Cancel and Log Off" or your selections will be erased.

**Step 5** Review your order and click on "Payment Service" so you can be directed to the payment portal to enter your credit card information. Click "Continue" at the bottom of the page for your payment information to be submitted. If you have already paid your membership previously, no payment information will be collected.

**Step 6** Attend OLLI at UNLV classes and enjoy the experience of Lifelong Learning!

Class confirmation emails will be sent out immediately upon your submission of class selections. Please retain this confirmation for your records. It will be your listing of classes and will also include the semester zoom links for any virtual classes you select. Zoom links remain the same for the entire semester. **Both in-person and online classes begin Monday, February 12, 2024.** 

	DATE	EVENT	TIME
	Jan 15	Martin Luther King Jr. Day/OLLI offices CLOSED	
	Jan 22	Spring Open House	10am-12pm
4 X	Feb 12	First Day of the Spring 2024 Semester	
AF 2	Feb 19	President's Day-OLLI offices CLOSED	
202 <sup>,</sup> NDAI	Mar 11-18	Spring Break-NO classes, OLLI offices are OPEN	
	Mar 27	Summer Proposals DUE	
	Apr 2	Fall Potential Instructor Meeting/Virtual	1-3 pm
	Apr 26	Last Day of Spring 2024 Semester	
SPRING CALE	May 27	Memorial Day, OLLI offices are CLOSED	
S	May 28	First Day of Summer 2024 Semester	



BE OUR GUEST | BRING A GUEST | REFER A FRIEND

Interested in learning more about OLLI at UNLV? Join us for one session of two different classes of your choice in order to experience the OLLI at UNLV program first hand. Pick a class that interests you and call our office at 702-774-6554, email olliatunlv@unlv.edu, or stop by the information desk at the new building for more information on how you can be a guest in our in-person or virtual classes. **Already a member?** Refer a friend to OLLI at UNLV and share your love of learning. For every registered new member you refer, you will receive a \$25 membership fee credit for the following term (up to 3 referral credits per term). Help spread the word and start earning your referral credits today.

# **Shared Interest Groups**

In addition to the many classes offered by OLLI at UNLV, we offer several Shared Interest Groups (SIGs). Members are welcome to join these groups at no additional cost to increase their involvement in the community and beyond. Members are encouraged to sign up for any SIGs during class selection, however, we welcome members at any time they choose to participate in these exciting activities. We have adjusted the times slightly so that everyone will have the opportunity to take part.



# OLLI AT UNLV SPRING 2024 OPEN HOUSE

# Monday, January 22, 2024, 10am-12pm New Maryland Pkwy. Building

Stop by our Open House to learn more about the OLLI at UNLV program and the upcoming term. You will have an opportunity to speak with instructors, mingle with current members, and join OLLI at UNLV or renew your membership and select classes if you haven't already done so. Lots of times you will speak with an instructor in person and decide to add a class! This is a great time to learn more about the OLLI experience so plan to attend. No RSVP required. Event is open to the community.

For more information: 702-774-6554, OLLIatUNLV@unlv.edu or visit our website: OLLI.unlv.edu

### **BOOK CLUB (VIRTUAL)**

#### Third Monday of the Month, 12:45-1:45 pm

Come dive into a new book every 3rd Monday of the Month on Zoom. Talk about the books with open discussion and guided questions to reflect on what's been read with your fellow members. To learn more about the upcoming books, visit classes.olli.unlv.edu.



**Feb 19** | A Man Lay Dead: Inspector Roderick Alleyn #1 by Ngaio March

This classic from the Golden Age of British mystery opens during a countryhouse party between the two world wars—servants bustling, gin flowing, the gentlemen in dinner jackets, the ladies all slink and smolder. Even more delicious:

The host, Sir Hubert Handesley, has invented a new and especially exciting version of that beloved parlor entertainment, The Murder Game . . .

# Send Us Your Shared Interest Group Ideas!

SIGs are organized by members to create a space to share passions beyond the classroom. Our SIGs provide options to appeal to a wide variety of interests. Other OLLI's offer SIGs on topics from conversational French to Finance, Mah Jongg to Meditation, Italian to Improv, Bridge to Bocce. If you have an idea for a Shared Interest Group you would like to lead, let us know at olliatunlv@unlv.edu.



**Mar 18** | Foreign Deceit (David Wolf Book 1) by Jeff Carson

His brother is dead. He's not getting the whole truth. Living in a ski resort town in the middle of the Colorado Rockies should be paradise, but deputy David Wolf is stretched thin hunting a missing person and dealing with his ex-wife coming back into the picture. All that trouble drops to

the wayside, however, when he gets word his brother has died half a world away while traveling in northern Italy. A nagging suspicion there's more to the story than officials are telling him is enough to pull Wolf from his volatile life to Lecco, Italy, a city along the shores of picturesque Lake Como. Five thousand miles from home in this place where Wolf struggles to even communicate with another soul, a disturbing secret awaits among the ancient cobblestone alleys, one that has already proven deadly to one foreigner. With the aid of a Carabinieri agent with a chip on her shoulder, can Wolf piece together what really happened to his little brother without suffering the same fate?



**Apr 15** | *The Roman Hat Mystery* by Ellery Queen

A murder in a crowded Broadway theater presents a full house of suspects—the first in this classic mystery series starring Ellery Queen! Despite the dismal Broadway season, Gunplay continues to draw crowds. A gangland spectacle, it's packed to the gills with action, explosions,

and gunfire. In fact, Gunplay is so loud that no one notices the killing of Monte Field. In a sold-out theater, Field is found dead partway through the second act, surrounded by empty seats. The police hold the crowd and call for the one man who can untangle this daring murder: Inspector Richard Queen. With the help of his son Ellery, a bibliophile and novelist whose imagination can solve any crime, the Inspector attacks this seemingly impenetrable mystery. Anyone in the theater could have killed the unscrupulous lawyer, and several had the motive. Only Ellery Queen, in his debut novel, can decipher the clue of the dead man's missing top hat.



## OLLI AT THE MOVIES (IN-PERSON)



Join us the third Friday of each month to see exciting films on OLLI's big screens! Reflect on each film and discuss themes and thoughts of the movie while spending quality time with fellow members.

The Holiday	Dec 8
Citizen Kane	Jan 19
Moonstruck	Feb 16
Horse Feathers (Marx Bros)	Mar 22
Witness	Apr 19
Blazing Saddles	May 17
Field of Dreams	Jun 21
Yankee Doodle Dandy	Jul 19
Capote	Aug 16
Shadow of the Thin Man	Sep 20
Beetlejuice	Oct 18
State and Main	Nov 15
Remember the Night	Dec 20

"OLLI means community and friendship to me. Retirement means you now have the time and energy to do whatever you wish! OLLI Las Vegas came into my life at just the right time to enjoy classes tailored for fun and educational at the same time. I have made many, many new friends through volunteering and shared interest. Thank you OLLI!"

# Marty Hagen, Member since 2018

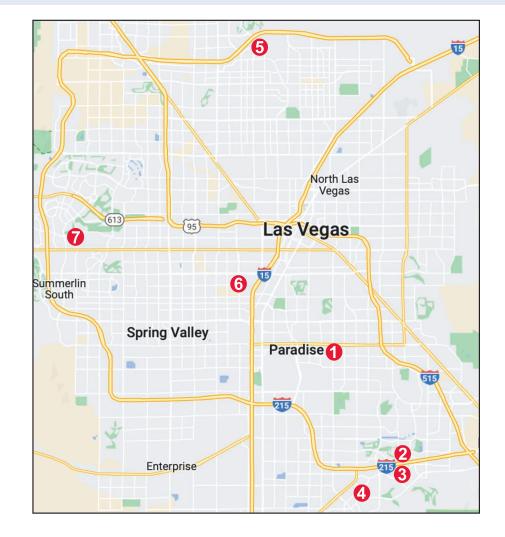
# **OLLI Campus Locations**

OLLI at UNLV has some wonderful Satellite locations we are able to partner with, including a new one for spring 2024. Consider taking one (or more) of the interesting classes being offered at these great locations!

### 1. UNLV Maryland Pkwy. Building

4350 S. Maryland Pkwy. Las Vegas, NV 89119 Maryland Pkwy & Rochelle (Across from the UNLV Foundation Building)

- 2. CNT (Congregation Ner Tamid) 55 N Valle Verde Dr. Henderson, NV 89074
- 3. Merrill Gardens 1935 Paseo Verde Pkwy. Henderson, NV 89012
- 4. Carnegie Heights at Henderson 525 Carnegie Street Henderson, NV 89052
- 5. Aliante Library 2400 Deer Springs Way, North Las Vegas, NV 89084
- Las Vegas Meadows
   2900 S Valley View Boulevard
   Las Vegas, NV 89102
- 7. Las Ventanas Retirement Community 10401 W. Charleston Boulevard Las Vegas, NV 89135





#### Aliante Library

Carnegie Heights

Merrill Gardens

# **Beginning of Semester Tips**

We are thrilled you have chosen to join the community of learners at OLLI at UNLV. For those who are joining OLLI at UNLV for the first time, welcome! For our returning members, it's great to have you back for another wonderful semester. Here are some best practices to make your first few weeks stress free. Please do not hesitate to stop into the OLLI at UNLV office, located in our new building on the Maryland Pkwy. or call 702-774-6554 if you have questions.

# FIRST DAY CHECK LIST

We suggest packing the following items before you come to campus:

- · OLLI at UNLV parking permit, secured inside passenger side of your front windshield
- Name badge (Please keep this badge! It is good for all semesters; you will receive replacement stickers in the mail for future semesters).

 Notebook and pen if you choose to take notes in class For in-person classes, members should arrive about 30 minutes early to familiarize themselves with the campus, find their classroom, and to enjoy a cup of coffee in the break room before class begins. For virtual learning classes, members should prepare their home environment for class, remove distractions, and arrive at least 10 minutes early to the virtual classroom.

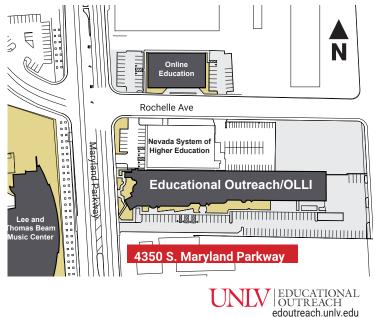
# PARKING

An OLLI at UNLV parking permit is included with your paid membership. The pass must be displayed on the passenger side of your front windshield, with dates and permit number clearly visible to all university staff. A lost parking permit may be replaced by visiting the main desk at the Maryland Pkwy. Building for \$25. The OLLI at UNLV parking permit allows you to park in any "student" spot on any of the UNLV campuses. Be forewarned that parking in a "staff" or "reserved" spot will result in a ticket. All satellite locations have ample parking available.

If you require disabled parking accommodation, please visit the Information Desk located at the UNLV Maryland Pkwy. Building. Bring your current state issued parking placard along with the letter received from the DMV and a form of identification to obtain the sticker allowing you to park in designated spaces on campus. This sticker must be affixed to your parking pass and displayed on the passenger side of your front windshield. You may also obtain this sticker at the UNLV Parking & Transportation Services Office.

## LOST & FOUND

Found items will be held at the Information Desk at the Marvland Pkwy. Building for one semester. After the semester ends, valuable lost and found items will be turned over to University Police Services. To contact them for lost items, please call 702-895-5795.



# MARYLAND PARKWAY BUILDING MAP

#### ZOOM classes and meetings $\square$ Be aware of your background and lighting. If possible, try to have light in front of you, rather than behind you. D Try to have a neutral calm background, clear of distractions. Turn your microphone off until you would like to speak as background noise can be distracting.

Best practices for

D Make sure to turn off or silence your cell phone, just like you would during an in-person class.



# FREQUENTLY ASKED QUESTIONS

#### WHO CAN JOIN OLLI AT UNLV?

The OLLI at UNLV program is designed specifically for retired and semiretired adults interested in non credit educational and social opportunities. OLLI at UNLV has no age or educational restrictions; everyone is welcome.

#### HOW DO I BECOME AN OLLI AT UNLV MEMBER?

You can join or renew your OLLI at UNLV membership by visiting OLLI.unlv.edu/membership, by calling 702-895-3394, or in person at the UNLV Maryland Pkwy. Building Information Desk. You can also send a check or money order with the membership form on page 40. A membership is \$105 for spring, or \$139 for the semi annual membership (spring 2024 and summer 2024).

#### WHAT ARE OLLI CLASSES LIKE?

At OLLI you can learn about topics of your choice which are taught by engaging instructors. Be part of a university environment without grades and tests. Add time for socializing, and you have a sense of what we do. It's learning the OLLI way!

#### CAN I BRING A GUEST WITH ME TO CLASS?

Anybody interested in OLLI can participate in one session each of up to two classes of their choice. For inperson classes, stop by the Information Desk in our new building prior to class to fill out a guest information form. Email olliatunlv@unlv.edu for more information on how to bring a guest to a virtual learning class.

# WHAT ARE THE BENEFITS OF HAVING AN OLLI MEMBERSHIP?

The membership includes unlimited inperson and virtual learning classes for the semester (pending available space), OLLI name badge, an OLLI at UNLV parking permit, student benefits, and more. Please refer to page 3 to learn more about how you can maximize your membership.

#### HOW DO I LEARN ABOUT CANCELED OR RESCHEDULED CLASSES, OR ABOUT OLLI AND UNIVERSITY EVENTS?

OLLI at UNLV sends a weekly e-newsletter with up-to-date information, upcoming events on and off campus, and more. After the semester starts, OLLI members receive an email notification when their instructor informs the office that his or her class has been canceled or rescheduled. To sign up for the e-newsletter, call 702-774-6554 or visit olli.unlv.edu/current-members. You do not need to be on the e-newsletter list to receive class notification emails.

#### ARE MEMBERSHIP SCHOLARSHIPS AVAILABLE?

OLLI at UNLV membership fee scholarships are available to new and returning members who face financial hardships. These scholarships offset approximately 75% of the membership fee and are funded by the generous donations of our members. For more information, please contact the OLLI at UNLV main office at 702-774-6554 or email olliatunlv@unlv.edu. Applications are now available on our website: olli.unlv.edu.

#### I WANT TO GIVE BACK BY VOLUNTEERING-WHAT ARE THE OPTIONS?

Volunteerism is a cornerstone of our lifelong learning community. Whether you are looking for something to occupy your time between classes or a regular volunteer assignment, we have something for you! See page 38 & 39 for more information.



# **Class Listing by Subject**

OLLI at UNLV will be offering classes at the new Maryland Pkwy Building, multiple satellite locations, and on our virtual platform for spring 2024. Members have access to unlimited classes both online and in person for one membership fee. Please note space may be limited based on classroom capacity and other factors.

### **CREATIVE ARTS**

🟛 C.A.M.P. O: The Class (Law)	35
$oldsymbol{\widehat{n}}$ C'Mon Let's Diamond Paint & Enjoy the Sparkle	
(Ballejos & Malburg)	27
🏛 Collage & Visual Storytelling (Harmon)	17
n Colored Pencil: A Fine Art (Giniger)	15
🟛 Continuing Watercolors (Beard)	35
Crochet & Knit (Boone)	21
naw till you Drop: A Class for Everyone (Law)	17
Selli Printing Exploration (Torrance)	32
How to Draw Effortlessly (Cieslak)	20
🟛 Introduction to Watercolor (Beard)	34
$oldsymbol{\widehat{1}}$ I've Got a Digital Camera-Now What? A Newbies	
Beginner Course (Weinstein)	31
😢 Make an Artist Book (Sawyer)	27
$      extsf{1}      extsf{2}      extsf{2}      extsf{2}      extsf{3}      extsf{2}      extsf{3}      extsf{3}$	22
n Pen & Ink Doodling/Sketching (Hoyt)	31

### **CURRENT EVENTS**

🏛 America's Election System: 2024 Style
(Edgeworth & Kouffman)15
$oldsymbol{\widehat{\mathbf{m}}}$ I Promise you Will be Interested in These
Conversations (Gibbons)19
🏛 Professor's Choice (B. Davis)
*Campus & Community Speaker Series
🏛 Soapbox (Edgeworth & Love)
*Campus & Community Speaker Series14
🏛 TED Talks (McMillen) 28

## **FILM & TELEVISION**

🏛 Bond, James Bond: From Connery to Craig	
(Amodeo)	13
$oldsymbol{\widehat{1}}$ Great Novels you Never Knew Adapted for Film	
(Graham)	24
$oldsymbol{\widehat{1}}$ Looking Ahead to Yesterday: Vintage TV	
(Duff & Duff)	15

🟛 Seinfeld: Seasons 3-5 (J. Patton) 25
Example 20
(Hartnett)
$ar{f m}$ The Twilight Zone: Exploring the Mind of Rod Sterling
(Mysliborski)
HEALTH & WELLNESS
$oldsymbol{\widehat{n}}$ About Alzheimer's: The Great Brain Robbery
(Peterson)14
$oldsymbol{\widehat{1}}$ Aging Mastery: A Fun & Interactive Series for
Aging Well (Grossman)32
$oldsymbol{\mathscr{D}}$ Aging Well: The Five Pillars of Longevity
(R. Berman) 32
🏛 Empower Your Health (Faye)
*Campus & Community Speaker Series
$\circledast$ $oldsymbol{\widehat{1}}$ Managing Your Health with Diabetes (and other
Chronic Conditions) (Davis & Domingo)
oxplus Map Your Way Through Medicare (Reid & Corzine) 20
$oldsymbol{\widehat{1}}$ Navigating a Cancer Diagnosis for Patients &
Families (Michael)
🟛 Powerful Tools for Caregivers (McGrail & Williams) 24
$oldsymbol{\widehat{1}}$ So You Think You Can Belly Dance Like an Egyptian?
(Foster)
$ar{f m}$ Tapping into the Benefits of Tai-Chi (Buenviaje) 14
The Mysteries of Wound Healing (Hume)
$oldsymbol{\widehat{n}}$ Understanding Dementia: Occupational Engagement
for Older Adults (Lee)
1 Yin Yoga (Reynolds & Johnson)



Icon Key

Virtual Learning via Zoom

## **HISTORY & CULTURAL STUDIES**

$oldsymbol{\Re}$ A Journey of Wonderment: Tracing the Legacy of the
Fabled Silk Roads (Hippert)13
😤 🏛 After Impressionism (F. Smith) 20, 22
Section 24 American Civil War 1863-1865 (Rohrbaugh)
$oldsymbol{\widehat{1}}$ Apollo Redux Continued: The Apollo Missions
(Peters)
Scowboys & Indians: The Wild West (Lazarus)
figure Globalization & the New World Order (Graham) 13
$oldsymbol{\widehat{\mathbf{m}}}$ Pan Africanism: Voices from the Ancient Elders
(Cathey)21
(Cathey)
The Legislature & the Legislative Process (Chan & Kouffman)
<ul> <li>The Legislature &amp; the Legislative Process (Chan &amp; Kouffman)</li> <li>*Campus &amp; Community Speaker Series</li></ul>
<ul> <li>The Legislature &amp; the Legislative Process (Chan &amp; Kouffman)</li> <li>*Campus &amp; Community Speaker Series</li></ul>
<ul> <li>The Legislature &amp; the Legislative Process (Chan &amp; Kouffman)</li> <li>*Campus &amp; Community Speaker Series</li></ul>

## LANGUAGE, LITERATURE & WRITING

The Author Techniques 101 (Wilkins)	13
Bringing Meaning with Writing (Boling)	24
<b>?</b> Creative Writing (Benelli & Miller)	18
french for the American Tourist (M. Patton)	19
ntroduction to Jamaican Authors (Ford)	23
	23
🏛 Write & Publish I & II (Owens-Lalude)	15
<b>?</b> Writing for Personal Growth (Ridge)	16
Writer's Critique, Ink (Kram)	29
🟛 Writing Short Stories Takes Finesse (Wilkins)	16
Difference of the second secon	26

# **MUSIC & THEATER**

The Arthur Miller & the American Experience (Royer) 23	
$\circledast$ $oldsymbol{\widehat{1}}$ Celebrating Musical Theatre: "The Road to	
Broadway's Tony Awards" (Ewing) 18, 19	
🟛 Jazz Appreciation & More (Feldberg)	
🏛 Shakespeare's Romance Plays: A Selection (Drake) . 25	
<b>?</b> Ukulele Workshop (Clyde) <i>Las Vegas Meadows</i> 27	
PEOPLE, GEOGRAPHY, & SOCIETY	

III 15 Minutes of OLL	I Fame	(McMillen	& Howarth)	16
<b>^</b>				

- fill Exploring the World's Wonders (J. Birkland & Team) .. 21

Gray Matters 2: Critical Thinking for Seniors
(Knapp)18
$\oplus$ $\hat{1}$ Our Nation: State by State (Reafs)
오 Unruly Women who Dared to Speak Up & Act Out
(Jackson) 16
🏛 What Makes China Tick? Part Two (Howard)
PERSONAL DEVELOPMENT & SPIRITUALITY
$oldsymbol{\widehat{1}}$ Accomplished Career Center of Excellence Part 2
(D. Berman) 18
$oldsymbol{\widehat{1}}$ Are you Ready to be a Thought Leader (D. Berman) 22
$oldsymbol{\widehat{1}}$ Everyone Can Meditate (Friedlander)
😢 Interfaith Group Spiritual Companioning (Pizzi) 26
$oldsymbol{\hat{1}}$ It's Never Too Late to Begin Again (Cravenn)
$\circledast$ Just When you Thought you Were Retired
(Landaker) 26
$oldsymbol{\hat{1}}$ The Truth About Happiness (Norrington)
$oldsymbol{\widehat{\mathbf{m}}}$ Tracking Money for Success to Build Healthy Money

### RELIGION

Parables of Today: Understanding Christianity
Through Entertainment (Blaskey)
$oldsymbol{\widehat{1}}$ Secrets of the Bible: Iconic Stories, Mystical
Meanings & Their Lessons for Life (Bronctain) 14
🏛 You Gotta Have Faith (Pizzi)
*Campus & Community Speaker Series

## **SCIENCE, MATHEMATICS & TECHNOLOGY**

$oldsymbol{ extsf{1}}$ Everything You Wanted to Know About Basic Algebra	а
but Were Afraid to Ask: Part II (Neeman)	32
${fill}$ Mysteries of the Microscopic World: A Continuation	
(Cox)	21
$oldsymbol{\hat{1}}$ Understanding Climate Change (King & Leovy)	35
$oldsymbol{\hat{1}}$ What's Inside the Black Box? (Hodgson)	28
$\oplus$ $oldsymbol{\widehat{1}}$ Your Heart, Lung, Brain, Spinal Cord & Endocrine	
System (Yucha)26,	32
SPORTS, RECREATION & TRAVEL	

${f 1}$ Baseball from the Beginning: Ken Burns PBS Sp	pecial
(Mysliborski)	
🟛 Recreational Card Playing (Davio & Sesto)	
Description of the second seco	
🟛 So You Want to Go on a Cruise? (Milko)	27

# **SPRING 2024 CLASSES**

Classes are either in-person at the  $\widehat{\square}$  Maryland Pkwy Building,  $\widehat{\mathbb{S}}$  Satellite Location or online through our  $\widehat{\oplus}$  virtual learning platform.

#### MONDAY

# **S** A JOURNEY OF WONDERMENT: TRACING THE LEGACY OF THE FABLED SILK ROADS

The Silk Road and its many branches and tributaries represents the oldest inland trade routes in the world. The "Opening of the Road West" occurred in the 2nd century B.C.E. during the Han Dynasty of China. From its earliest beginnings, commerce flourished, and as a result, the cultural interaction affecting the movement of people expanded as well. New ideas, new objects, and new technologies were transmitted and adopted or adapted to an entirely new environment. Exotic foods and spices traveled both directions. No doubt, storytelling, art, and music became an integral part of this cultural exchange. Camel caravans travelled through mountains and deserts of the region carrying luxury goods to demanding customers—both east and west. The Silk Road is an incredible story. Join the adventure.

#### Carnegie Heights at Henderson Monday, February 12 - April 15, 2024 8 week class TIME: 9-11AM

Instructor: Amelia Hippert has a M.A. in history from the University of California, Riverside. During her 30-year academic career she was an adjunct faculty member at Mt. San Jacinto College and DQ Uni-versity at Soboba, and a lecturer at California State University, San Bernardino. She also worked for California's Employment Development Department where she coordinated programs to assist unemployed professionals. She has extensive nonprofit leadership and board experience. Hippert taught history classes for OLLI at the University of California, Riverside before moving to Las Vegas in 2014.

# **AUTHOR TECHNIQUES 101**

Want to learn how to organize material, use correct point of view, show a story with words and choose the best possible characters for your written work? This creative writing class will help you do all of that! Plus give you some great "opening hooks" to gain reader interest, help you self-edit your work and really establish a "Writer's Platform". Bring along a laptop with some of your work, or printed/written copies, or start as a new writer in this class.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 9-10:45AM

Instructor: Jo Wilkins, Chief Executive Officer and Acquisitions Editor for Mystic Publishers, Inc., runs the companies Ink & Quill Publishers (general genres) and NewLink Publishing (Horror, Sci-Fi and Fantasy), and Vision Novels, for authors who want to self-publish without a vanity press. She co-authors, the Tyranny Series (Sci-Fi) and one murder mystery. She has published in over 20 anthologies and essays, and on KNPR's "Making NV Home". She taught beginning and intermediate writing for the City of Henderson.

### BOND, JAMES BOND: FROM CONNERY TO CRAIG

History of Ian Fleming's bringing Bond to the written word, films and to the world. Going over each of the actors who portrayed Bond. Reviewing each film and its nuisances. Bringing in the artists who recorded the music. The gadgets, guns and cocktails. The cars, clothes and women of the Bond world.

#### Maryland Pkwy

Monday, February 12 - April 22, 2024 9 week class TIME: 9-10:45AM

Instructor: Frederick Amodeo is a retired educator from Long Island, NY. He has 20 yrs of Special Education and 15 yrs of Physical Education experience. Fred holds a Bachelors degree and 4 Masters. He coached football, track and volleyball. Along with that, Fred was also a Class advisor for B.U.T.Y. (Bring Unity To Youth).

# GLOBALIZATION & THE NEW WORLD ORDER

Three decades ago, towards at end of the Cold War, the term "New World Order" first appeared. Today, after the fall of the Soviet Union, communist ideas continue to steer current events. Even post-Cold War, communism (and its sibling socialism) has been a central force in today's long march towards globalist consolidation of power. Its long-sought goal is arguably the installation of a transnational, unelected one-world government, a scaled-up version of the European Union. How did communism become such a pervasive economic and political philosophy? Why, of all places, did it first take root in early 20th-century Russia? Significantly, how did this worldview become today's cultural Marxism?

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 9-10:45AM

Instructor: Neal Graham retired in 2013 after 30 years as an officer and principal in a closely-held commercial real estate company in Manhattan. His first choice career, since he majored in English at Columbia University and the University of Vermont, was always to teach at the college level. Ever since the early 70s when he found it necessary to leave academia for the business world, he has wanted to get back to the classroom. At OLLI at UNLV he found students with far greater depth, on average, than he ever found teaching twenty-somethings four decades ago.

# SECRETS OF THE BIBLE: ICONIC STORIES, MYSTICAL MEANINGS & THEIR LESSONS FOR LIFE

Six stories of the Bible will be covered. We will ask questions and seek to find answers in the lessons these stories teach us.

#### Maryland Pkwy

Monday, February 12 - April 22, 2024 9 week class TIME: 9-10:45AM

Instructor: While Rabbi Tzvi Bronchtain was a young student in Talmudic seminary, he traveled to FSU where he was active in community service and adult education. After completing his B.A. in Talmudic law, he obtained rabbinical ordination in 2004 from the Central Rabbinical Seminary in New York. In 2005 he and his wife moved to Las Vegas where he was appointed co-director of the Chabad Jewish Center at UNLV.

# 🟛 SOAP BOX

Soapbox features a guest speaker each week, chosen for their expertise and perspectives on a broad range of topics drawn from the headlines and relevant to our lives as Nevadans. Government, business, and other community leaders provide their take on issues related to political, social and environmental challenges, arts and culture, and community service. Our "That's YOUR Opinion" panel discussion series led by Dave Lavery will also continue, through which we get to dig a little deeper into some of the more challenging and controversial topics of the day. And, of course, vibrant open discussion is always an important part of Soapbox. Part of the Campus and Community Speaker Series.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 9-10:45AM

Instructor: Linda Edgeworth is a senior consultant specializing in domestic and international election law and administration. She has led international observation missions, performed election analyses, and provided direct assistance to election management bodies in 39 countries. She was the Director of Elections in Bosnia and Herzegovina and rebuilt the voter rolls and election systems after the war. She was Deputy Director for elections in Alaska in charge of election operations, procedural development, federal compliance, and public information. She has also consulted in several states and counties in the United States and has been a speaker and facilitator at many election-related conferences domestically and abroad.

Mark Love retired to Las Vegas in 2017 after teaching American Air Force children in the Azores for 6 years. and in England for 28 years. He co-taught a course on Modern Board Games for UNLV-OLLI in the Spring of 2020. Mark majored in political science and was an active campaign volunteer for a Presidential candidate in the 2020 Nevada caucus.

# TAPPING INTO THE THE THE BENEFITS OF TAI-CHI

The class will be intertwined with a capstone research project by UNLV Doctoral Occupational Therapy student, to determine the effects of Tai Chi on enhancing perceived confidence in the activities of daily living (ADL) for the students at OLLI. The duration of the class will be 6 weeks, biweekly. There will be two sections: AM and PM. Each class will have 10 participants, that will be chosen through a balance screening process to ensure safety in participation. An assessment will be utilized to measure improvements before-and-after the program. Yang Style-Tai Ji Yuan: Moving for Better Balance (TJQMBB). Each week, we will learn two forms, with the goal to perform all in sequence by the end. A group evaluation will determine which class you will be placed in. Please be available to attend either class when registering for this course.

#### **Maryland Pkwy**

Monday & Wednesday, February 12 - April 1, 2024	6 weeks
TIME: 9-10:45AM or 1:45-3:30PM	(12 sessions)

Instructor: Lester John Buenviaje is a third-year doctoral student for the Occupational Therapy Program at UNLV. He aspires to champion the cause of holistic health and well-being. Rather than relying solely on modern interventions, he intends to tap into the intrinsic power and capabilities of individuals. His belief is that true healing and rehabilitation stem from harnessing one's inner strength and potential. In joining OLLI, Lester is eager to bring his knowledge, passion, and innovative approach to our community.

## ABOUT ALZHEIMER'S: THE GREAT BRAIN ROBBERY

Curriculum designed by the Alzheimer's Association including topics such as the 10 Early Signs, having those "difficult conversations" about getting a diagnosis, when to stop driving, legal and financial planning; communicating effectively, managing behaviors, caregiver self-care, and living with dementia, plus latest in research and treatment. Guest speakers may be invited to share information and expertise.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: Amy Moore Peterson is a retired teacher and literacy specialist for CCSD. She is a volunteer with the Alzheimer's Association, facilitating caregiver support groups, dementia educations, and she advocates for Alzheimer's legislation at the state and national levels. Amy was a full time caregiver for her husband with younger age onset Alzheimer's disease.

# AMERICA'S ELECTION SYSTEM: 2024 STYLE

"America's Election System" has been offered before so some material will be familiar. Much of our election process has changed dramatically since 2016. We'll discuss newly passed state laws and hostile court decisions that have dismantled federal protections, expanded state legislatures' rights to overturn election results and replace elected officials and, in some cases, criminalized mistakes by election officials. This class will serve as a reality check on the health of our election system amid persistent claims that our system is corrupt and our Democracy is endangered. We won't shy away from controversy, but as always courtesy, respect and open minds will be on full display.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: Linda Edgeworth is a senior consultant specializing in domestic and international election law and administration. She has led international observation missions, performed election analyses, and provided direct assistance to election management bodies in 39 countries. She was the Director of Elections in Bosnia and Herzegovina and rebuilt the voter rolls and election systems after the war. She was Deputy Director for elections in Alaska in charge of election operations, procedural development, federal compliance, and public information. She has also consulted in several states and counties in the United States and has been a speaker and facilitator at many election-related conferences domestically and abroad.

Tony Kouffman has a B.A. and an M.A. in political science and history. He spent 30 years in the apparel industry, manufacturing women's and children's clothes. Kouffman is very interested in history. He has been an enthusiastic member of OLLI at UNLV since 2006. He also been an instructor for several classes at OLLI in elections, social justice and the influence of Jewish culture on American society. He has also served several terms on the OLLI Steering Council.

# 🕮 COLORED PENCIL, A FINE ART

Colored pencil is a luminous art medium that allows many layers of color to depict brilliant light. Colored pencils are highly pigmented and have a smooth, buttery lay down. Whether the artist is trying to create a composition that is pointillist and textured, or photo-realistic and highly blended, this versatile medium satisfies a wide range of artistic styles.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: Nancy Giniger is a graduate of Fashion Institute of Technology with a double major in fashion design and art and advertising. She worked as a children's clothing designer in New York City before moving to Mexico City. Giniger studied pastel portrait painting in Mexico City and in San Miguel Allende at the Art Institute.

# LOOKING AHEAD TO YESTERDAY: VINTAGE TELEVISION

When thinking of the early days of "Vintage Television", people immediately remember I Love Lucy, The Honeymooners and What's My Line? However during those years, there were many other forgotten programs on the air that you don't hear much about today. Now, you will have the chance to see many of these forgotten telecasts. Back then, a number of these early broadcasts were performed live, where whatever happened, happened with no re-takes. Most of the shows presented in this class are from the 1950s and 1960s. Here is your opportunity to relive those days and maybe even catch up on what you might have missed.

#### Maryland Pkwy

#### Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: John Duff is a retired assistant film editor who grew up during the 1950s enjoying the classic television programming of that era. Over the years, he has discovered many of these forgotten television shows and has collected several of them in his personal library in the 16mm film, VHS and DVD formats.

Janet Duff, like her husband, grew up watching and enjoying many of these same memorable television classic programs.

# 🟛 WRITE & PUBLISH: PART I & II

Part I: A course for beginners, intermediates, and experienced writers. Students will learn how to write and publish compelling novels with catchy characters and memorable scenes. The principles of self-publishing will also be taught. Part II: A course for beginners, intermediates, and experienced writers who want to write and self-publish. Instructions will continue to address how to write and publish riveting novels. Lectures will include the essential attributes of formatting a book manuscript and book cover. At the completion, students know the principles of publishing, are able to assess their work, understand the attributes of book layouts and covers, and can advance their projects.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: Judith C. Owens-Lalude, Author and Multimedia-Communication Art Specialist, has conducted writing workshops and seminars for nearly three decades. Several of her past workshop participants wrote and published their books. Her works, acknowledged nationally and internationally, qualified her for grants, awards, and recognitions.

"I enjoy the wide range of classes offered, allowing me to explore areas I never had time for at college."

Susan Rafkin, Member since ~2012

# $oldsymbol{ extsf{ing}}$ writing short stories takes finesse

Come and join the short story class for the Spring Semester and review the techniques to turn your idea into a readable/salable piece. Let's have fun putting all those great ideas down in print.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-12:45PM

Instructor: Jo Wilkins, Chief Executive Officer and Acquisitions Editor for Mystic Publishers, Inc., runs the companies Ink & Quill Publishers (general genres) and NewLink Publishing (Horror, Sci-Fi and Fantasy), and Vision Novels, for authors who want to self-publish without a vanity press. She co-authors, the Tyranny Series (Sci-Fi) and one murder mystery. She has published in over 20 anthologies and essays, and on KNPR's "Making NV Home". She taught beginning and intermediate writing for the City of Henderson.

# **S** COWBOYS & INDIANS: THE WILD WEST

From the end of the Civil War (1865) to the end of the nineteenth century settlers moved west. Towns began to spring up as the transcontinental railroad was finished (1869). Cattle was moved from Texas to rail heads in Kansas for shipment east. Cowboys drove cattle, there were clashes with Indians. Not all cowboys are good and not all Indians were savages. This class will look at both and how their interactions helped expand the country.

#### Aliante Library Monday, February 12 - April 22, 2024 9 week class TIME: 11AM-1PM

Instructor: Mel Lazarus is a retired history and law teacher at both the high school and college level. He has a bachelor's degree in economics from Boston University, a J.D. from Suffolk University Law School in Boston, and a Certificate in Advanced Graduate Studies in school administration from Fitchburg State College. He is originally from Massachusetts, and has served on various town committees including the Wareham School committee.

# **S** UNRULY WOMEN WHO DARED TO SPEAK UP & ACT OUT

Who was Ona Judge and what historic decision caused her to take the courageous steps that altered her life? How did Mary Elizabeth Bowser's deception impact the outcome of a war? And why was civil rights activist Viola Liuzzo motivated to take a life-threatening journey from Michigan to Alabama? These names may not sound familiar, but their stories are unforgettable. They risked their reputations, their freedom and even their lives. This class will salute historical ladies who triumphed over the obstacles that society hurled at them. See what lengths these women went through in support of their beliefs.

#### Aliante Library

Monday, February 12 - April 22, 2024 9 week class TIME: 1-3PM Instructor: Vernice S. Jackson holds a B.A. in Communications and a M.S. in Organizational Development and Analysis. She retired after a long career as a Training & Development Professional and Career Consultant in multiple industries. She has taught numerous college courses. In addition, she is a founding member of Women in History and a docent at the National Museum of African American History and Culture.

# **S**WRITING FOR PERSONAL GROWTH

Increase your knowledge of writing with three personal growth processes. Identify personal growth writing strategies that will work for you. Each session you will be given writing exercises to practice the various processes and the instructor will provide handouts with guiding principles of each practice. Materials needed: Journal and fast writing pen; scissors, magazines and glue stick.

#### Las Vegas Meadows Monday, February 12 - April 22, 2024 9 week class TIME: 1-3PM

Instructor: Aldema Ridge is a retired secondary English teacher from Maryland. Since moving to Nevada, she has explored her two creative passions: art and writing. Her class is based upon her study with three teachers: Natalie Goldberg's Writing as a Meditation Practice; Ira Progoff's Intensive Journal Process; and Seena Frost's Soul Collage. Aldema has been a practitioner of these processes for 30 years.

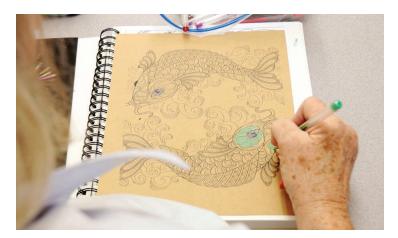
# 🏛 15 MINUTES OF OLLI FAME

Meet your fellow OLLI members and learn more about them as they share highlights from their life and life experiences. Each week 3 people will present about something that showcases their life and take questions from the class. Something that happened in their career, someone they met, somewhere they traveled to, who knows. Everyone has a story to tell, so here's the mic!

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Keith McMillen is a 20-year resident of Las Vegas. He is a retired software engineer who worked in many areas, including the Department of Defense, hospitals, HMOs, small business, and early internet providers. McMillen is a life-long fan of old movies, especially B movies and Saturday serials. He has been a newspaper reporter, a middle school instructor, and a middle school academic coach in LEGO robotics competitions.

Hilary Howarth, M.Ed., has taught an eclectic list of classes for OLLI at UNLV including Oral Storytelling; History of India; Hamilton: The Man, The Musical; Modern Board Games; and Warriors, Queens and Intellectuals. Howarth's first professional job was teaching English in Taiwan. Since then, she has worked for a variety of international organizations including the YMCA, nonprofits like the Lung Association, the University of Washington, and ended her career as an entrepreneur with a small business.



# COLLAGE & VISUAL STORYTELLING

Collage is a layering of image, fabric and found objects to create visual stories. This class will focus on creating collages using the elements of art and The Principles of Design. We will explore and be inspired by the art of Romare Bearden and Pablo Picasso.

Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Sharon Harmon holds a BS in Art Design from North Carolina A&T State University and has studied at The Art Institute of Chicago, the University of Pittsburgh and at UNLV. She was a flight attendant with United Airlines for 24 years and was on The Interior Design Team for the A320 Aircraft. Sharon has taught art in Pittsburgh, Chicago and at UNLV. She retired from teaching at CCSD in 2016.

# DRAW TILL YOU DROP: A CLASS FOR EVERYONE

A brand new, ton of fun type of art class for OLLI, welcoming all the brand new as well as the most seasoned artists. Where the newbies will learn and the pros will be tested, because the main focus for this class will be on creativity! The overall structure for this class is based on the book "642 Things to Draw", a series of books that push the creativity button for you! Although we will eventually draw all "642 Things" someday, we will start with a drawing or 2 in each class. Homework will include several drawings and 6 days of creative searching to see how many ways we can draw the same thing! Recommended text: *642 Things* to Draw: Inspirational Sketchbook to Entertain and Provoke the Imagination, Anonymous; ISBN: 9781452137575

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Johnny Law has been an OLLI Art Instructor for almost 10 years now with an ever-morphing Beginner Drawing Class with an emphasis on creativity, and is probably why so many "OLLI Art Community" artists often return to Johnny's Class over and over again! He never really did anything artsy before his first OLLI drawing class 10 years ago that struck gold. Which is why his class is successfully based on his own journey, as a self-proclaimed 5X7 refrigerator magnet and forever beginner ARTEEST!

# HOW TO MAKE SMARTER DECISIONS

Do you take too long to make decisions? Do you want to make smarter decisions with the knowledge and time you have? In this course, we will explore simple tools that economists have developed to help with decision making. We will practice using these tools to make everyday decisions. By the end of the course, you will have a toolkit you can use when making personal, volunteer, and work decisions. This course is based on Thinking like an Economist: A Guide to Rational Decision Making published by The Great Courses.

#### Maryland Pkwy Monday, February 12 - April 22, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Anita Morgan has a masters degrees from UNLV in Liberal Studies and Public Administration. At OLLI, she has taught Neutralizing Verbal Attacks and Enjoying Better Vision Naturally. During her career as a software developer, she helped clients make decisions about their requirements.

# TRACKING MONEY FOR SUCCESS TO BUILD HEALTHY MONEY HABITS!

Learn to organize your personal finances to build a better understanding and relationship with money in a fun, exploratory way. Through guided finance education, you will learn to create a personal budget and learn how to track expenses and savings, as well as learn how to track future goals. Also identify habits to further your money mindset. Topics include budgeting, saving money, repaying debt, and tracking money habits. Upon completion of the class, you will have the ability to have a working knowledge of the concepts covered, thereby providing you with the ability to make and find resources to make healthy financial decisions.

### Maryland Pkwy

Monday, February 12 - April 22, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Renee Newry is a retired librarian. She has a master degree in library science and also served as a district library coordinator. Through her love of using technology, Renee has combined her passion for creating resources to organize and manage money using a variety of techniques. She wants to share her knowledge of tracking personal finances through different outlets to help attendees develop a healthy relationship with money through budgeting. For fun, she volunteers in her local community.



# CELEBRATING MUSICAL THEATRE: THE ROAD TO BROADWAY'S TONY AWARDS

So much of what is considered "the best" in the history of the American Musical Theater depends on success at the Tony Awards. The 77th Annual Tony Awards Ceremony will take place on June 11, 2024, and this semester we will be keeping an eye on the current Broadway Musical Season, preparing to know as much as possible about this year's nominees, making viewing this ceremony even more exciting! On top of watching the developing 2023/24 Broadway Season, we will also look at the history some of the most exciting and surprising Broadway Seasons of the past 77 years, resulting in some exciting past Tony Awards! As always, we will also keep an eye on what is happening in the Las Vegas Theatre scene as well.

#### Online Delivery Monday, February 12 - April 22, 2024 9 week class TIME: 2-3:30PM

Instructor: Bruce Ewing is a native of Suffern, NY and is a graduate of the Hartt School of Music, Hartford, CT. He most recently toured the country in The Phat Pack (winner of Best Of Vegas: Best All-Around Performers). Ewing co-created The Phat Pack while appearing in Phantom: The Las Vegas Spectacular at the Venetian. Before Phantom, he appeared as Jinx in Forever Plaid at the Gold Coast, as well as four years as Jinx and Sparky in Forever Plaid at the Flamingo Hotel & Casino. Before Vegas, Ewing worked all over the country with credits including national tours of Forever Plaid (Jinx/Frankie Sparky), City of Angels (Jimmy Powers), Grand Hotel (Erik and understudy for the Baron), and Ziegfeld: A Night at the Follies (production tenor). Ewing has recorded four solo CDs and is currently music director at Community Lutheran Church of Las Vegas.

## GRAY MATTERS 2: CRITICAL THINKING FOR SENIORS

Last semester we introduced critical thinking as applied to our current lives. Each half of the class will be concerned with different issues and will emphasize different aspects of our lives. In this class we will explore the psychology of advertising; food; strange creatures and ghosts; culture; sleep, and environmental issues. What does science actually know, and how does science actually work? You do not need to have attended Part I to enjoy Part II. We are constantly asked to decide what to believe and what to discard. Of course, the final decision about what to believe and what to do will be left to you, but this class will give you some skills to help you navigate the complex world of 2023.

#### Online Delivery Monday, February 12 - April 22, 2024 9 week class TIME: 2-3:30PM

Instructor: Gail Knapp retired after teaching psychology for almost 40 years in a Michigan community college. She moved to Las Vegas to escape the snow and because she had fallen in love with the city during a regular summer visit for a conference about the topics in this class. It is that interest that sparked the creation of a skepticism class that has been part of the OLLI for the past nine years. Knapp's academic work includes earning psychology degrees from Stony Brook and Hofstra Universities in New York and a Ph.D. from Michigan State University. She passed the examinationsto become a professionally registered parliamentarian twenty years ago, and she earned a J.D. and passed the Michigan bar at age 62.

# **S** CREATIVE WRITING

Explore personal narratives, poems, and fictional short stories in a friendly and sociable atmosphere. Develop your ideas and concepts, and present your work via various writing exercises, positive critiques, and discussions. Special emphasis will be put on dialogue, writing with emotion, various forms of poetry, scene creation, and hooking the reader. This class welcomes the writer at any and all levels.

#### Aliante Library Monday, February 12 - April 22, 2024 9 week class TIME: 2-4PM

Instructor: Barbara Miller is an avid reader and shares her insightful constructive criticism. She moved to Las Vegas from New York where she ran an orthopedic office for eighteen years. She now has the time to pursue her passion for writing.

Diane Benelli is a twelfth generation Manhattan native who has been published in the New York Genealogical & Biographical Record. She has also edited several books for publication, among them the United Nations Disarmament Yearbook.

### TUESDAY

# ACCOMPLISHED CAREER CENTER: PART II

This is Part II and geared toward professionals either just entering retirement or those in later retirement. The purpose of the center is to share your expertise with professionals of other professions and those in the community at large. This course is meant to enrich present retirement. The course will also show the group how to enrich their own emotional and physical wellness in the next phase of their life. The course will also focus on opportunities and skills in the areas of serving on boards, mentoring, volunteering, and future learning. This course is divided into two terms, Fall and Spring, to gain the full scope of personal and professional development.

#### Maryland Pkwy

Tuesday, February 13 - April 16, 2024 10 week class TIME: 9-10:45AM

Instructor: Dr. Daniel Berman is the Founder and CEO of the Community Healthcare Innovations. In addition, he has been helping people later in life reinvent their life after retiring from their positions. He has been coaching and working with retired healthcare professionals and other professionals to find fulfillment in the next phase of their lives.

"I have enjoyed OLLI very much, having taken a broad spectrum of fun, interesting and intriguing classes. I highly recommend it to anyone who wants to engage their brains and meet some wonderful folks."

Debra McCracken, Member since 2020

# CELEBRATING MUSICAL THEATRE: THE ROAD TO BROADWAY'S TONY AWARDS

So much of what is considered "the best" in the history of the American Musical Theater depends on success at the Tony Awards. The 77th Annual Tony Awards Ceremony will take place on June 11, 2024, and this semester we will be keeping an eye on the current Broadway Musical Season, preparing to know as much as possible about this year's nominees, making viewing this ceremony even more exciting! On top of watching the developing 2023/24 Broadway Season, we will also look at the history some of the most exciting and surprising Broadway Seasons of the past 77 years, resulting in some exciting past Tony Awards! As always, we will also keep an eye on what is happening in the Las Vegas Theatre scene as well.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 9 week class TIME: 9-10:45AM

Instructor: Bruce Ewing is a native of Suffern, NY and is a graduate of the Hartt School of Music, Hartford, CT. He most recently toured the country in The Phat Pack (winner of Best Of Vegas: Best All-Around Performers). Ewing co-created The Phat Pack while appearing in Phantom: The Las Vegas Spectacular at the Venetian. Before Phantom, he appeared as Jinx in Forever Plaid at the Gold Coast, as well as four years as Jinx and Sparky in Forever Plaid at the Flamingo Hotel & Casino. Before Vegas, Ewing worked all over the country with credits including national tours of Forever Plaid (Jinx/Frankie Sparky), City of Angels (Jimmy Powers), Grand Hotel (Erik and understudy for the Baron), and Ziegfeld: A Night at the Follies (production tenor). Ewing has recorded four solo CDs and is currently music director at Community Lutheran Church of Las Vegas.

# EMPOWER YOUR HEALTH

Become empowered and inspired to take control of your health in this exciting speaker series class! Throughout this course, speakers from various fields will share their knowledge, insights, and personal experiences to provide updates on current research news and practical tips and strategies for making healthier choices. This class will cover a range of topics, including nutrition, fitness, mental health, disease prevention, overall well-being, and more. Empower Your Health is a health-based speaker series class and part of the Campus & Community speaker collection.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10:45AM

Instructor: Nancy Faye is a retired social worker with an interest in all forms of health and healing. She was diagnosed with Melanoma in 2016 and underwent treatments with side effects of insulin dependent diabetes. This peaked her interest in alternative healing modalities. Nancy looks forward to sharing old and new forms of healing and bringing in speakers to help you on your journey to health and wellness.

# **FRENCH FOR THE AMERICAN TOURIST**

We will not be doing grammar, verb conjugations, or difficult vocabulary drills. We will be learning useful French phrases to make your stay in France more enjoyable. We will cover greetings, everyday expressions, travel, mealtimes, leisure activities, shopping, health, and communications. Recommended text: *Easy French Phrase Book*, Heather McCoy; ISBN: 0486499022 (Dover Language Guides).

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10:45AM

Instructor: Martine Patton has a bachelor's and master's in English and French. She has taught memoir-writing at UNLV and at OLLI.

# LI PROMISE YOU WILL BE INTERESTED IN THESE CONVERSATIONSS

There are a limitless supply of worthy topics to discuss. This class will cover some of the topics that have greatly interested past classes and some additional topics. These topics are not fixed in stone, but will be somewhat tailored to your input. Additional comments, questions, suggestions, and insights are always welcomed. The more that come, the more we'll learn.

### Maryland Pkwy

Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10:45AM

Instructor: Robert V. Gibbons, MD, MPH, FACP served in the Army Medical Corps for over 26 years retiring as a Colonel. His army career gave him unique opportunities in teaching, research, and leadership while working in diverse medical positions. His interest in public health and preventive medicine led him to train as an Epidemic Intelligence Service Officer at the Centers for Disease Control and Prevention (CDC). In this and future research Gibbons worked closely with multidisciplinary teams including veterinarians, nurses and laboratory scientists. At the completion of his CDC training he transitioned to the Walter Reed Army Institute of Research (WRAIR) for three years where he focused on experimental dengue vaccine studies. He served for nine years at the Armed Forces Research Institute of Medical Sciences (AFRIMS), a joint laboratory with the Royal Thai Army, working primarily in Thailand, Nepal, and the Philippines but also Bhutan, Laos, the Maldives, and Vietnam in training and improving their laboratories' capabilities. Additionally, Gibbons coordinated with the World Health Organization, Department of State, CDC, NIH, non-governmental organizations, foreign ministries of health and military, industry, and Universities, conducting field, vaccines, diagnostic, and surveillance studies.

# 🟛 MAP YOUR WAY THROUGH MEDICARE

Medicare is a national healthcare program that affects more than 63 million people in the US. Do you know how it works? Are you getting the most from your benefits? Medicare is confusing, but it doesn't have to be. Be armed to take control of your care and benefits with our free and unbiased information. The Medicare Assistance Program (MAP) was designed to educate, empower and assist Medicare beneficiaries, their families and caregivers by providing free, unbiased, and personalized Medicare information, to increase awareness of Medicare fraud, errors, and abuse and to provide information about cost savings programs available to low income beneficiaries. Together we can MAP our way through Medicare.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10:45AM

Instructor: Maria Reid is semi-retired from Human Resources. She begin volunteering for MAP in 2020. She is now a Level 3 Benefits Counselor and Outreach Coordinator. Maria is able to assist in the explanation of Medicare options, plan comparisons, enrollments and appeals, provide referrals to other services, report Medicare fraud, errors and abuse.

Christy Corzine is a retired casino pit supervisor and substitute elementary teacher for CCSD. She came into the MAP program after taking the UNLV OLLI class 'MAP Your Way Through Medicare' in the spring of 2022. So intrigued by what she learned in the class, she became a MAP volunteer in the summer of 2022, and was soon hired as a per diem MAP counselor. Her interest in navigating the Medicare system along with her passion for helping people, make her a great addition to the MAP program.

# HOW TO DRAW EFFORTLESSLY

Change how you see the world and use the rules we learned in our last class. The more you practice illustrations of still life's, animals, and portraits, you will find yourself progressing on your artistic journey. Not only do beginners have the opportunity to improve their drawing skills, but they will gain a deeper mastery of using these skills. Practice makes perfect and repetition creates continuing advancement in your skill. We will be using "How to Draw and Think Like a True Artist" by Warren Martin. ISBN 9798860938878 available at Amazon and other book stores. You will also need your pencils, erasers, and drawing paper from our class last Spring.

#### Online Delivery Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10AM

Instructor: Elena Cieslak is retired from Purdue University where she worked as a family nutrition advisor. Prior to that she taught and worked as a medical assistant with a degree from Sawyer College. Cieslak has more than 20 years' experience in adult education and loves being in the classroom. Cieslak's love for art began as a small child and she is completely selftaught. Her work hangs regularly in Henderson City Hall and she displays and sells her work whenever possible.

## PARABLES OF TODAY: UNDERSTANDING CHRISTIANITY THROUGH ENTERTAINMENT

Jesus used stories, "parables," to help his followers remember his teachings. His tales of The Good Samaritan and The Prodigal Son are considered two of the most popular short stories of all time. Intentionally or not, all forms of pop culture contain lessons which help us understand Jesus' teachings today. Members will not only enjoy watching these examples (popcorn has appeared in the past and multiplied, like Jesus feeding the 5,000), they also will learn how to discern parables on their own.

#### Online Delivery Tuesday, February 13 - April 23, 2024 10 week class TIME: 9-10AM

Instructor: Bob Blaskey works at St. Viator and St. Francis de Sales School, where he directs drama ministry groups and teaches classes in the Catholic faith. He has been a guest speaker at various houses of worship with his Parables of Today message. He received his degree in political science from UNLV. Four of the faith-based dramatic videos he wrote and directed received the Silver Angel Award, given by Excellence in Media for "works of outstanding moral, ethical, and/or social impact." He is the author of Curtain Up!, a book about creating a drama ministry, published by Harcourt Religion. He was also a columnist for Religion Teachers Journal and has published several skits.

# **S**AFTER IMPRESSIONISM

The decades between the last Impressionist exhibition and World War I formed a period of artistic questioning and risk-taking as artists searched for something entirely different from what had gone before. An exhibition dedicated to this vibrant period called "After Impressionism" recently closed at the London National Gallery. In this course, we will follow this exhibition to explore a period when artists broke with tradition and laid foundations for art of the future. It will begin with "three giants" who greatly influenced the next generations-Cezanne, Gauguin and Van Gogh. Then we'll look at the artists who created a new, modern art expressing ideas and emotions in innovative forms.

#### Carnegie Heights at Henderson Tuesday, February 13 - April 23, 2024 9 week class TIME: 9-11AM

Instructor: Fran Smith holds a B.A. in political science and an M.A. in international relations. Her first career was on Capitol Hill as a Congressional aide. Her second was in housing development in Honolulu. And her third was nonprofit management. After retiring, she returned to her love of learning through OLLI at UNLV. Although she has no professional art experience, she minored in art history and has pursued her love of art all her adult life through travel.

# CROCHET & KNIT

This is a hands-on workshop designed to improve skills by completing projects. Knowledge of how to crochet single, half double, double, and triple crochet or knit garter, purl, stockinette and cable stitches is required. You will need two (2) light colored skeins of yarn to practice; and a three ring binder or folder. Patterns will be provided.

#### **Online Delivery**

Tuesday, February 13 - April 23, 2024 10 week class TIME: 10:30AM-12PM

Instructor: Lynne Boone has been teaching crochet classes at OLLI at UNLV since 2013. She is also the moderator of the OLLI at UNLV book club since November 2012. Boone graduated with a B.A. in English from Xavier University of Louisiana in 1984.

# **EXPLORING THE WORLD'S WONDERS**

Join our team as we explore the many facets of 20 wonders of the world, delving into the history, archaeology, architecture, art, myths, and heroes of Mont Saint-Michel, Hagia Sofia, the Knights Templar, Braveheart's Scotland, and many more.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Born and raised in Seattle, John Birkland holds a B.A. in humanities from Washington State University, the real Cougars. He served in the U.S. Army in Germany as a transportation specialist when not skiing, traveling, or sampling the different brews. He spent 40 years in the transportation business, the last 20 years employed by Department of Energy (DOE) contractors, shipping hazardous and radioactive materials at the Hanford Nuclear Reservation in Washington state and then at the Nevada Test Site. Upon retirement he came to OLLI for the watercolor painting classes; he still struggles with that thankless art form.

Vicky Birkland has shared a serendipitous life with husband John for nearly 50 years together. She taught in her native Washington state, California, Guam, Brunei, and Germany. She worked in a variety of roles at the Hanford Nuclear Reservation before working at, and retiring from, the Nevada Test Site. A love of the Smithsonian museums and history inspired the creation of this course exploring the Smithsonian's artifacts and their stories. When they are not in OLLI classes or travelling, the Birklands enjoy the culture and fun of Las Vegas.

# $oldsymbol{\widehat{I\!I}}$ IT'S NEVER TOO LATE TO BEGIN AGAIN

Author Julia Cameron (The Artist's Way) has a newly-published book and 12 week course, It's Never Too Late to Begin Again: Discovering Creativity and Meaning at Midlife and Beyond. The book was written especially for people seeking their next chapter of life after a transition such as retirement. We will embark on this journey of self discovery together, supporting one another and keeping each other accountable. Homework is required including morning pages, a weekly self date, starting to write one's memoirs, and walking.

#### **Maryland Pkwy**

Tuesday, February 13 - April 16, 2024 10 week class TIME: 11AM-12:45PM

Instructor: June Cravenn has been studying belly dance for over 20 years with various teachers here in Las Vegas and other places and is a part of several belly dance troupes. She will assist Mercedes and bring hip scarves and veils for students to use in the class.

# MYSTERIES OF THE MICROSCOPIC WORLD: A CONTINUATION

With added lectures pertaining to the aging human by Professor Polk, as they relate to each class, we will continue looking at the mysteries of the microscopic world. We will gain meaning and understanding of the little creatures that make us up. Without them we do not exist, but we are also dying because of them. No special knowledge of science or the human body is needed to understand the subject. Everyone who has read the newspaper or watched the news has heard and understands the material being offered in these cases. We will acquire a better understanding of what the mysteries are and why this effects our actions, causing results not planned or understood.

#### **Maryland Pkwy**

Tuesday, February 13 - April 23, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Dale Cox has degrees in civil engineering, radio electronics, and liberal arts. He spent the majority of his career at the Nevada Test Site, where his primary res ponsibility was to oversee preparations for tests. Cox was a staff member of the University of California at Los Alamos, NM. He retired from Los Alamos National Laboratory. He has honorable discharges from both the Army and Air Force.

# DAN AFRICANISM: VOICES FROM THE ANCIENT ELDERS

This course will review the history, and paradigms of Pan Africanism. By the end of the course you will learn how the Berlin Conference, the Industrial Revolution and other Eurocentric concepts were catalysts that motivated European countries to colonize Africa. The course will highlight how Africans have managed to resist the brutal, inhumane and horrific efforts to eradicate control of Africa by Africans, economically, industrially, spiritually and socially. In the words of Dr Arikana 'whats happening in Niger today is not a coup, it is a revolution' 'Africans have said enough is enough'. We will explore how Pan Africanism is at the core of this awakening in Africa today.

#### **Maryland Pkwy**

Tuesday, February 13 - April 23, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Jim Cathey is a university lecturer with more than ten years of professional experience. The scope of his work includes a university lecturer, trainer of ESL teachers and academic recruiter. He has been honored to teach in the Middle East, Asia, Southeast Asia and the Marshall Islands. Jim always had a passion to contribute to the dialogue about the Pan African movement and to be a part of the ongoing dynamics of this rich history of Africa.

# DASTELS, STICKS & PENCILS

Brilliant color that does not yellow with time, a velvety matte surface unlike any other medium, dry color that is capable of a range of effects--these characteristics are distinctive to pastels. Pastel drawings and paintings are stunningly beautiful, with rich textures and deep colors. Pastel's look and feel results from the medium's composition, a blend of finely-ground pigment and white extender coalesced with a minimal amount of binder (the latter merely enough to enable the artist to grasp the stick of color between the fingers yet crumble when stroked across a support). It is this powdery property that accounts for the delicate surface of works executed in pastel. Be prepared to get dirty and do wear old clothes or a cover up!

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Nancy Giniger is a graduate of Fashion Institute of Technology with a double major in fashion design and art and advertising. She worked as a children's clothing designer in New York City before moving to Mexico City. Giniger studied pastel portrait painting in Mexico City and in San Miguel Allende at the Art Institute.

# STANLEY KRAMER: PRODUCER OF CONTROVERSY

During the 1950s and 60s, producer-director Stanley Kramer had his creative finger on the pulse of the country. Whether dealing with subjects such as freedom of thought, racial tensions, or nuclear war, Kramer's films often sparked national debate. In this class we will screen and discuss several of his notable films, placing them in historical context, so that we might better understand what made Kramer such a controversial figure.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Danielle Hartnett holds a degree in film from USC, where she worked with renowned film scholar Drew Casper and several blacklisted filmmakers. While on work study in the film library, she looked for any opportunity to steal a moment in the Warner Bros Special Collections, where she would linger over publicity stills of James Cagney and Humphrey Bogart. She spent a brief time working in Hollywood before pursuing a master's degree in English literature. Hartnett is a published film reviewer. She has taught several classes at OLLI at UNLV, including classes on the Hollywood Blacklist, the History of the Early Gangster Film, and the Films of the Cold War.

# "I enjoy the wide range of classes offered, allowing me to explore areas i never had time for at college."

Susan Rafkin, Member since ~2012



# AFTER IMPRESSIONISM

The decades between the last Impressionist exhibition and World War I formed a period of artistic questioning and risk-taking as artists searched for something entirely different from what had gone before. An exhibition dedicated to this vibrant period called "After Impressionism" recently closed at the London National Gallery. In this course, we will follow this exhibition to explore a period when artists broke with tradition and laid foundations for art of the future. It will begin with "three giants" who greatly influenced the next generations-Cezanne, Gauguin and Van Gogh. Then we'll look at the artists who created a new, modern art expressing ideas and emotions in innovative forms.

#### Maryland Pkwy

#### Tuesday, February 13 - April 23, 2024 9 week class TIME: 1:45-3:30PM

Instructor: Fran Smith holds a B.A. in political science and an M.A. in international relations. Her first career was on Capitol Hill as a Congressional aide. Her second was in housing development in Honolulu. And her third was nonprofit management. After retiring, she returned to her love of learning through OLLI at UNLV. Although she has no professional art experience, she minored in art history and has pursued her love of art all her adult life through travel.

# ARE YOU READY TO BE A THOUGHT LEADER?

A New and exciting 'Field of Endeavor' is available to people close to retirement or in retirement. Dr. Berman will share a proven method of becoming a thought leader. What is a Thought Leader? A Thought Leader is a person with expertise in a field of inquiry who share their perspectives in their field of endeavor. This role is aligned with those people in thoughts about retirement. These people typically come from a variety of fields such as healthcare, education, law, and business.

#### **Maryland Pkwy**

# Tuesday, February 13 - April 23, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Dr. Daniel Berman is the Founder and CEO of the Community Healthcare Innovations. In addition, he has been helping people later in life reinvent their life after retiring from their positions. He has been coaching and working with retired healthcare professionals and other professionals to find fulfillment in the next phase of their lives.

# ARTHUR MILLER & THE AMERICAN EXPERIENCE

Arthur Miller is considered one of the greatest American playwrights of the 20th Century. His plays combine explorations of complex social issues with a deep psychological understanding of his character's struggles. The class will focus on five of his most well known plays: All My Sons, Death of a Salesman, The Crucible, The Price, and The View From The Bridge, as well as some glances at Miller's lesser known works. Class sessions will consist of information about the historical events and personal experiences that influenced Miller's writing, watching and/or reading the plays, and discussions of the themes, and the relevance of each play to our lives today.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Ellen Halperin-Royer received her Ph.D. in theater at the University of Oregon. She taught acting, directing, introduction to theater, and theater history at University of Nebraska, Kearney, University of Houston, Downtown, Mount Hood Community College and the University of Oregon. Ellen loves teaching at OLLI, loves Arthur Miller's plays, and is looking forward to exploring these theatrical masterpieces with OLLI students.

# $oldsymbol{ ilde{III}}$ introduction to Jamaican Authors

Jamaican Thomas MacDermot (1870–1933) is credited with fostering the creation of Jamaican literature. According to critic Michael Hughes, MacDermot was "probably the first Jamaican writer to assert the claim of the West Indies to a distinctive place within English-speaking culture." Jamaican-born Claude McKay (1889–1948) is credited with inspiring France's Negritude ("Blackness") movement, as well as being a founding father of the Harlem Renaissance. Una Marson (1905–1965) was well known for her poetry, and for her role as producer of the BBC literary radio program "Caribbean Voices". There are many more authors to discover.

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Melba Ford is still trying to figure out what she wants to be when she grows up. She has graduated with a BS from Concordia, spent time in Hawaii, and now lives in Las Vegas.

# TALK TO THE GODS

Following Sumerian, the Akkadian language is the oldest attested Semitic family of languages, in use for over 2000 years. As an introduction to this "lost language", you will become familiar with the basic grammatic structure of standard Babylonian, its Sumerian loanwords, and several cuneiform symbols, allowing you to construct or translate simple sentences. Language, history, and puzzle-solving are core themes of this class. You will indeed be able to "talk to the gods" of ancient Mesopotamia. Course materials will include examples of various cuneiform texts, occasional video clips from the "Great Courses" series, and many worksheets.

#### Maryland Pkwy

Tuesday, February 13 - April 23, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Robert Taras holds BM & MA degrees in Music Education, having taught in NY & NV public schools. As a violinist, he has performed in several local orchestras over these many years. He is currently a 2nd-year self-taught student of these ancient languages, and excited to share these interests.

# 🕮 WHAT MAKES CHINA TICK? PART TWO

This video-based course will continue the study of modern Chinese politics and foreign relations that we began last summer when we looked at China's history and what events shaped its world view. This semester will look at China's place in the mid-20th century world. Beginning with the war rumblings of 1937, we will hear Professor Richard Baum's presentation of the birth of the People's Republic of China and the legacy of Mao Zedong's efforts to remake China in the Communist image. This semester will provide more insight into China's current political stance with regard to other world players and increase our understanding of just what makes China tick.

#### **Maryland Pkwy**

Tuesday, February 13 - April 16, 2024 9 week class TIME: 1:45-3:30PM

Instructor: After several years teaching elementary school in Boston, Dorothy Howard, DSW, obtained her Master and Doctor of Social work degrees from the University of Pennsylvania. She moved to Las Vegas in 1987 to work in the child custody field and continued in the mental health and child welfare fields until her retirement in 2008. Having an abiding interest in history and the arts, she joined OLLI in 2009 and began instructing OLLI classes in 2014. She is also part of the OLLI 'That's Your Opinion' Team.

"I was worried after I retired what I would do with myself. I had heard of OLLI many years before from friends. So, I finally went to the office and signed up. The best move I've ever made. I've learned SO much and made such wonderful friends. What more could a person want?"

# Janelle Nixon, Member since 2017

# BRINGING MEANING WITH WRITING

The writing style Terri learned from Laurie Wagner is called Wild Writing TM. It is "come as you are, write with abandon, and just keep writing. It involves reading selected poems with possible lines for writing motivation. Each class will open with a few moments of quiet reflection for remembrance of someone in our lives we may be missing. There will be three poems shared each class, with writing time allotted after each poem. Voluntary sharing after each writing segment will be included. In this style of writing we are allowed to be free of our inner critic and need for perfection.

#### **Online Delivery**

# Tuesday, February 13 - April 23, 2024 10 week class TIME: 2-3:30PM

Instructor: Terri Boling is a retired and repurposing classroom teacher and school counselor, and a lifelong learner. She enjoys OLLI classes, and loves to write! Boling recently participated in two separate trainings: Grief Educator Certification with David Kessler; and, Wild WritingTM Teacher Training with Laurie Wagner. Boling would like to combine these two efforts into this OLLI class.

## **MANAGING YOUR HEALTH WITH DIABETES** (AND OTHER CHRONIC CONDITIONS)

Manage your health to live to your fullest while living with diabetes or other chronic conditions. Learn about healthy eating, fun physical activity, stress management, better communication, making decisions, problem solving, and how to take action to achieve your health goals.

#### **Online Delivery**

# Tuesday, February 13 - April 23, 2024 10 week class TIME: 2-3:30PM

Instructor: Dignity Health's Richard Davis received his B.A. from the University of San Francisco in 1981. He excels in community outreach and is a requested conference speaker and a published writer on health care issues. Davis is a certified trainer and facilitator for Adult Mental Health First Aid Training. He assists in the promotion, implementation and delivery of all health self-management workshops in association with community partner organizations. Davis won the "Humankindness" award in 2019.

Casey Lyn Domingo is Health Programs Manager at St. Rose Dominican Hospitals WomensCare and Community Outreach Centers.



### WEDNESDAY

# GREAT NOVELS YOU NEVER KNEW ADAPTED FOR FILM

Motion picture adaptations of books too often disappoint those of us who love good films. Undeniably, there are a great many films that are thought-provoking, entertaining, emotionally engaging, or informative enough to work well on their own. However, in this class, we are primarily looking for relatively rare artistic accomplishments: films that are worthy of their subject matter, as well as of the fiction works upon which they are based. In fact, in the universe of far more than 30,000 films, there are arguably very few movie adaptations that have the merit to withstand the test of time. These are films that do justice to and even expand on their original novels and/or screenplays.

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM

Instructor: Neal Graham retired in 2013 after 30 years as an officer and principal in a closely-held commercial real estate company in Manhattan. His first choice career, since he majored in English at Columbia University and the University of Vermont, was always to teach at the college level. Ever since the early 70s when he found it necessary to leave academia for the business world, he has wanted to get back to the classroom. At OLLI at UNLV he found students with far greater depth, on average, than he ever found teaching twenty-somethings four decades ago.

# DOWERFUL TOOLS FOR CAREGIVERS

If you are taking care of an adult relative, partner, friend, or parents, this class offers skills to take care of yourself while caring for someone else. By taking care of your own health and well-being, you become a better caregiver. You will walk away feeling refreshed and more confident in your role. Let us teach you how to put life back in your life. Topics include: emotional management—reduce guilt, anger, and depression; self-confidence—increase confidence in coping with daily demands; self-care—increase exercise, relaxation, and medical check-ups; and local services—discover helpful resources.

Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM Instructor: Mary Jean Williams, OP, has an MA of Science in Education and a Certificate in Applied Theology. She has been involved in education for many decades in elementary, secondary, and teacher education. For 9 years she served as an assistant superintendent of education. These last five years Mary Jean has been a volunteer at Dignity Health, St. Rose Dominican and is active in the Senior Peer Counseling program. She enjoys interacting with others as they engage in opportunities to improve their lives.

Kathleen (Katie) McGrail, OP, has an M.A. in counseling and a master's degree in theology. She has been an educator, across all levels, for several decades, seven of those years teaching in Kenya, East Africa. For the past 10 years, McGrail has been with Dignity Health-St. Rose Dominican. She was formerly Vice President of Mission Integration and is presently a health educator in the Community Health/Outreach programs. She is also active in the Senior Peer Counseling program. McGrail previously taught with OLLI at UNLV, on campus, in the Stanford Chronic Disease Self-Management course. She has a strong interest in the healing ministry—body, mind and spirit—and sharing that with others.

# **D** SEINFELD: SEASONS 3-5

Our study of Seinfeld, the show about nothing, will continue with episodes from season 8, including favorites "The English Patient," "The Yada Yada," "The Muffin Tops," and 20 other memorable episodes. Seinfeld and its cast members received several Emmys during its nine-year run as one of the best television shows of all time. Seinfeld was based largely on inconsequential small things in everyday life. In reality, it reflected the 1990s in America, making the reference a "show about nothing" a misnomer. In addition to viewing episodes, related materials will be provided for review and follow-up discussions concerning the themes and issues presented.

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM

Instructor: Jim Patton watched the Seinfeld series from its inception in 1989 through the final show in 1998. He still watches reruns, to his wife's chagrin, whenever they air. He earned undergraduate and graduate degrees in Minnesota prior to packing the family and moving to Thailand to take a job with the U.S. Air Force. He set up off-duty education programs at various bases and conducted classes in test preparation and interviewing skills.

"OLLI allows me to explore international and national lands, cultures, literature, music, current affairs, art, and more. All this while exchanging ideas with individuals from diverse backgrounds enables me to broaden my horizons. Making new friends is an added plus. The short of it is, OLLI has enriched my life!"

### Carmen Turner, Member since 2018

# SHAKESPEARE'S ROMANCE PLAYS: A SELECTION

This class will cover at least two of Shakespeare's brilliant, bittersweet romance plays: The Winter's Tale and The Tempest. If our time permits, we will also discuss the lesser-known romance play Pericles, Prince of Tyre. The romance plays occur towards the latter part of Shakespeare's career, and the perspective on life they offer is strangely, poignantly suspended between his sunniest comedies and his bleakest tragedies. It is the instructor's contention that the romance plays, for all their fantastical, magical plots and places and unlikely scenarios, hew even closer to "real life" than his other plays. How that might be so will be a key topic for class consideration.

#### Maryland Pkwy

# Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM

Instructor: Alfred J. Drake grew up in Orange County, California, earned his B.A., M.A., and Ph.D. (1989-1997) in English at the University of California, Irvine, and now lives in Las Vegas. He has taught English, American, classical and world literature at UC Irvine, Chapman University, and CSU Fullerton. He has edited works on the Frankfurt School and the American New Critics, and at present his main interests are in classical Greek and Latin literature, literary theory, and Shakespeare.

# THE LEGISLATURE & THE LEGISLATIVE PROCESS

In recent years, there has been heightened interest in politics and the political process, and this interest does not seem to be abating. In this era of multiple cable TV stations, media outlets and the social media, it is easy to forget that the primary responsibilities of a legislator are to pass a budget and enact laws that protect the safety, health and welfare of the general public. Learn about the Legislature and the legislative process and then hear from some great political speakers. This class is part of the Campus & Community speaker series.

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM

Instructor: Fong Chan is a retired lawyer from New York. He holds a Law degree from St. John's University. Fong practiced most of his legal career in State and City governmental agencies. He served as Counsel to NYS Assembly committee and was counsel to the Chair of the Committee. He also served as Legislative Director to the NYC Comptroller.

Tony Kouffman has a B.A. and an M.A. in political science and history. He spent 30 years in the apparel industry, manufacturing women's and children's clothes. Kouffman is very interested in history. He has been an enthusiastic member of OLLI at UNLV since 2006. He also been an instructor for several classes at OLLI in elections, social justice and the influence of Jewish culture on American society. He has also served several terms on the OLLI Steering Council.

# uRITING YOUR MEMOIR: PART 2

This class is a continuation of "Writing Your Memoir." We will use more prompts in order for you to finish your life story. You will be working in small groups, writing in class, sharing your stories, and getting feedback. New students are welcome if you have quite a bit of your memoir already written.

#### **Maryland Pkwy**

Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10:45AM

Instructor: Martine Patton has a bachelor's and master's in English and French. She has taught memoir-writing at UNLV and at OLLI.

### **UST WHEN YOU THOUGHT YOU WERE RETIRED**

This class helps you figure out what you want to do when you thought you were retired. Opens up discussions involving After-Career Careers, Starting a Small Business, Volunteering and more. Learn about the perceptions, misconceptions, and discrimination older adults may face in the workplace. Get tips on how to navigate new environments using emotional intelligence. Learn how to gauge your capacity and build your confidence, how to find your new niche or rejuvenate your old one. Get the information you need to turn your knowledge, experience, expertise and passion into a job or other venture. Create a "life experience" resume. Hands on, interactive, and filled with tips, tools and takeaways.

#### Online Delivery Wednesday, February 14 - April 24, 2024 10 week class TIME: 9-10AM

Instructor: Pat Landaker owns Living La Vida Senior, Ageless Aging, and Senior Solutions, lifestyle brands offering Senior programs and support services. She's a Certified Senior Advisor (CSA) and also serves on the American Society on Aging<sup>™</sup> (ASA) Social Impact & Innovation Council. She writes a monthly column for Vegas Voice Magazine, teaches her Positive Aging series at UNLV/OLLI, and hosts Senior-focused programs at organizations, community centers, and libraries throughout the Valley.

# WHAT'S FOR BREAKFAST?

What did you have for breakfast this morning, and where did it come from? Imagine that we're sitting down to a breakfast of eggs topped with salt and pepper, potatoes with garlic cooked in olive oil, toast with butter, and tea with sugar. This course will focus on how these ten ingredients came to be on our menu. We'll examine the long and winding history of these food items, many of which changed the course of human history. Our journey will span the entire world and cover famine, war, slavery, taxes, and empires. And by the end, we'll have answered that crucial human question, "Which came first, the chicken or the egg?"

**Online Delivery** 

Wednesday, February 14 - April 24, 2024 10 week class TIME: 10:30AM-12PM 26 Instructor: After earning degrees in computer science and math from Cornell and UC San Diego, Susan Merritt spent the majority of her career in the world of technology as a data scientist helping biotech scientists manage their laboratory data. Far from being a tech geek dwelling in the cyber world, Merritt has a love of nature and a drive to explore. In her free time, she has traveled to remote locations all over the globe, on all seven continents.

# **W** YOUR HEART, LUNG, BRAIN, SPINAL CORD, & ENDOCRINE SYSTEM

In this multimedia course, we will study the anatomy and physiology of the circulatory and respiratory systems. We will then discuss selected diseases of the heart and lungs based on student interest. Next we will study the anatomy and physiology of the nervous system and again follow these sessions with selected diseases related to the brain and spinal cord. Finally, we will study the endocrine system and follow this with selected endocrine disorders. The final class of the course will be a review and address topics requested by the students.

Online Delivery Wednesday, February 14 - April 24, 2024 10 week class TIME: 10:30AM-12PM

Instructor: Dr. Carolyn Yucha is both a nurse and a physiologist. She has taught numerous courses in Nursing Schools in Anatomy, Physiology, and Pathophysiology. She has served as editor of Biological Research for Nursing, a peer-reviewed scientific journal, for the past 22 years. Dr. Yucha was Dean of the School of Nursing at UNLV from 2004-2018. She hopes to share her enthusiasm for the relationships between structure and function in our extraordinary human bodies.

# **S** INTERFAITH GROUP SPIRITUAL COMPANIONING

Group spiritual direction is a practice in which a small group of individuals come together to explore and deepen their spiritual journeys with the guidance of a trained spiritual director facilitator. It provides a supportive and confidential space for you to share your spiritual experiences, questions, and reflections. You will take turns sharing your thoughts, feelings and experiences related to your spirituality or faith. The group listens attentively and offers non-judgmental support. The facilitator may offer guidance and facilitate the conversation, helping participants to explore their spiritual paths, discern their beliefs and connect with their inner selves or higher power.

#### Las Ventanas Retirement Community Wednesday, February 14 - April 24, 2024 10 week class TIME: 10AM-12PM

Instructor: Julia Pizzi is a Certified Spiritual Director; Reiki Master; Meyers Briggs certified facilitator and Currently Administrative Director of Interfaith Contemplative Center for Spirituality in Healthcare in Nevada with 35 years in executive Human Resource leadership focusing on career development and coaching.

# 오 MAKE AN ARTIST BOOK

The field of book making has become a popular art form. You will enjoy learning how to fold and glue sheets of paper in various ways to create artist books. There are dozens of folding techniques we will explore as we create the pages in your book. For example, you will learn how to fold an accordion book and then that accordion fold becomes the basis for what is called a flag book. We will also create a small book that opens with a folded map inside. The focus of this class is on creating books that are art pieces that you can hold in your hand. This class is fun and creative as we also experiment with various art making techniques on the pages inside your book.

#### Congregation Ner Tamid Wednesday, February 14 - April 24, 2024 10 week class TIME: 10AM-12PM

Instructor: Salley Sawyer has a B.S. in Art Education and a Ph.D. in Instructional Design. She has taught classes on basket making and ceramics and bookmaking as well as baker-dough craft. Sawyer is passionate about printmaking and studied printmaking with Anne Hoff at the College of Southern Nevada. Both Sawyer and her husband Stephen grew up in Maine and return to the rock-bound coast at least once each summer.

# SUKULELE WORKSHOP

This workshop for experienced ukulele players will regularly introduce new music. We will play and sing as a whole group, and also as soloists, duets, trios, and other small groups. Students are encouraged to suggest songs to learn. Each student is expected to own and bring a copy of The Ultimate Ukulele Fakebook (ISBN: 9781495070402). Additionally, students must provide their own ukulele, tuner, and tabletop music stand. It is expected that students have completed the OLLI at UNLV Ukulele for Beginners class, or have had equivalent private instruction and familiarity with their instrument.

#### Las Vegas Meadows Wednesday, February 14 - April 24, 2024 10 week class TIME: 10AM-12PM

Instructor: Niels Clyde has been a student of several disciplines of spiritual principles for many years. His interest in ancient sages and their teachings has enabled him to facilitate several study groups. Clyde added teaching ukulele in 2013. OLLI at UNLV has provided a unique opportunity for Clyde to share his experience in a multimedia environment.

Judy Nelson has lived in Las Vegas since 1989. She is a retired Department of Defense employee and spent 20 years working at Nellis AFB. Her interest in ukulele began at age nine when she found an old ukulele book in her dad's garage and taught herself some chords on a \$6 ukulele. She moved on to learn guitar a few years later, playing from books. Nelson didn't play ukulele again until 2010, when she joined the Ukulele Club of Las Vegas. She is currently the organizer of UCLV and the Ninth Isle Ukulele Club.

# C'MON LET'S DIAMOND PAINT & ENJOY THE SPARKLE

Diamond painting is a form of mosaic art where you apply square or round resin diamonds onto a pre-glued color coded canvas painting using a wax glue and a pen applicator. This craft requires no artistic skills. It is a fun and relaxing way to create a beautiful work of art. With leftover resin diamonds, you can decorate your colorbook with with a dab of crafting glue to add sparkle to your picture.

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Rita Ballejos retired from the Army after serving 23 years. She has worked as a cook in Las Vegas at various hotels and retired as a master cook. In attending OLLI, the arts became a passion and carried over into the teaching of art in various forms.

Teri Malburg has been with OLLI for a number of semesters, and has enjoyed every moment, as a student and instructor. She enjoys hearing from her fellow peers and always learns from their experiences at OLLI or their personal adventures. Teri enjoys sharing smiles at OLLI, and most of all, receiving a smile back! She also volunteers with one of our partners in the community, Dept of Justice-Truancy Program, which has given her the opportunity to help young children.

# 🟛 SO YOU WANT TO GO ON A CRUISE?

Come along and sail the Seven Seas as we discuss all aspects of cruising (including not only ocean voyages but river cruises as well). We will be discussing discount websites and what each cruise line offers such as dining, activities, entertainment and shore excursions. Travel agents and cruise line ambassadors will be some of our guest speakers. Lastly, we will be discussing your personal experiences of your past cruises. Come aboard with me!

#### Maryland Pkwy

Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Sheila Milko graduated from UNLV and Juris Doctorate from Thomas Jefferson School of Law. Throughout her career, she has worked as a law clerk for the top law firms in the San Diego and Las Vegas areas. Sheila and her family moved to Las Vegas in 1962 and happily raised two foster children. She enjoys oil and water color painting.

"OLLI provides the unexpected opportunity to stay curious, learn new things, and take advantage of a community of interesting, lively and challenging experiences."

# Jim, Member since 2016

# 🟛 SPORTS BIZ

Las Vegas has added four professional sports franchises to its roster in quick succession, joining minor league baseball and UNLV's NCAA Division 1 squads. Our long-standing minor league baseball team has re-branded into the Aviators and set attendance records at its new home field. Suddenly, we have many more games, a new arena and two stadiums, over 250 pro athletes, coaches, and staffers, plus additional media, hype, tax revenue, and exposure for our city. There is a lot going on away from the ice, the court, the pitch, and the \$1.9 billion stadium. Can a market this size-with all its uniqueness and diversions-sustain so many teams and events? What's going to happen now that the Raiders have arrived? Each class we will examine the business behind our new and old teams and look at the inner workings that few fans ever think about. See how each team targets both residents and visitors in the Vegas market. Get to know who the local sports business "players" are. We will also discuss the big stories on the national sports business scene.

#### **Maryland Pkwy**

# Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: With 40 years' experience in all facets of the sports industry, Doug Verb is one of the country's most successful executives for new sports and league "start-ups." With expertise in strategic organization, media, promotion, event creation/management, mediation, and staff building, he served as a consultant to many sports organizations, agencies, and venues. As founder of ACTION Sports America, he developed and managed sales promotions with all the major pro leagues and college conferences and owns international proprietary products. Verb was part of groups that started three pro sports leagues, was president of pro soccer's Chicago Sting, and spent 10 years as a TV executive and sportswriter.

# **TED TALKS**

Come on in and enjoy some expert presentations on current topics, followed by a rousing discussion. New topics each week. Do Schools Kill Creativity? How Do Great Leaders Inspire Action? Or maybe you have a topic? No preparation required. We will watch all the videos in person. Hope to see you in class!

#### **Maryland Pkwy**

# Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Keith McMillen is a 20-year resident of Las Vegas. He is a retired software engineer who worked in many areas, including the Department of Defense, hospitals, HMOs, small business, and early internet providers. McMillen is a life-long fan of old movies, especially B movies and Saturday serials. He has been a newspaper reporter, a middle school instructor, and a middle school academic coach in LEGO robotics competitions.

# **THE TRUTH ABOUT HAPPINESS**

This class will teach students how to take control of their own happiness, especially when facing life's biggest challenges. Students will learn how to improve relationships with friends, family members and most importantly the relationship with oneself. Designed to reduce emotions such as worrying, anxiety, stress and anger, the class offers empowering, life-changing content that will enable students to experience more happiness, regardless of their circumstances. Topics include: the importance of happiness, the definition of happiness, improving relationships with others and oneself, and how to be happy regardless of what "happens" to you.

#### **Maryland Pkwy**

Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Rebecca L. Norrington is a Happiness Specialist, Inner Peace Practitioner, Speaker, Author, Fitness Instructor & Radio/TV host. She has a bachelor of Science in Psychology along with decades of studying human behavior.

# HAT'S INSIDE THE BLACK BOX

Weekly this class will introduce you to the Technology of today. With all the revolutions, technology has made our lives easier, faster, better, and more fun. Learn about how technology works in easy to relate terms.

#### Maryland Pkwy

Wednesday, February 14 - April 24, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Judd Hodgson was an Electrical Test Engineer with 40 year's experience across varied industries. He has designed, built, programmed, and maintained manufacturing and test equipment. He trained technicians and junior engineers. Recently retired to Las Vegas.

## **D**COUNTRIES, CULTURES, & CURRENT ISSUES

This semester we will leave the Atlantic region and begin a journey along the Congo River, in Central Africa. The Democratic Republic of the Congo, Angola, Uganda, Rwanda & Burundi.

#### Maryland Pkwy

Wednesday, February 14 - April 24, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Muree Reafs continues with her two courses this Spring. Countries, Cultures, Current Issues moves from the Atlantic Coast to countries in the Congo Basin. Our Nation State by State will cover the states admitted in the decade of the 1860s: Kansas, Nebraska, West Virginia & Nevada.

# **D** JAZZ APPRECIATION & MORE

Build your knowledge and shared appreciation of jazz, one of America's greatest art forms. Jazz Appreciation at OLLI blends lectures and documentaries on jazz history with discussions of the influence jazz had on popular music, guest speakers from the local jazz community, and of course our very popular live performances. The topic will be approached as a journey through the music world, highlighting the birth of jazz and how it continues to develop and evolve through time. Gain insight into the creative works and lives of the innovators of this music, and listen to examples of their work. Live performances arranged through connections with Las Vegas Jazz Society and local Las Vegas musicians always make this a vibrant, enjoyable course.

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Sonia Feldberg is a published writer with BAs in Communications and film studies and a MA in Cultural Communications from UNLV. Feldberg grew up in a musical home; her father was a concert violinist with the Detroit Symphony and her mother an opera singer. She played multiple instruments, but dance and live music are her passion. Living in Las Vegas for 45 years, her fondest memory is tap dancing and teaching for tap legends Maceo Anderson and Prince Spencer of the Step Brothers. Jazz was and always is the genre of choice in her home and multiple dance routines along with the American Songbook.

# AVIGATING A CANCER DIAGNOSIS FOR PATIENTS & FAMILIES

In a period of 10 weeks you will be covering the essential ideas and terms for understanding each individual's journey through a malignant illness, from diagnosing, to treatment options to recovery. The goal of completing this class is for each participant, be they a patient (past or present) or family/caregiver to understand what cancer is, or is not. What makes cancer so dangerous? What are ways to prevent or reduce the chance of developing these diseases. What are the questions and discussions that should be taken with each of their health providers, and to become more active in making decisions and plans should cancer enter their lives. Lastly, what resources are available, both local and nationally?

#### Maryland Pkwy Wednesday, February 14 - April 24, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Paul Michael, MD is a Retired Hematologist/Medical Oncologist in Las Vegas from 1985-2018. Founding partner in Comprehensive Cancer Centers of Nevada. Raised in Oklahoma, worked in hospitals in high school and under-grad college. Attended University of Texas Medical Branch Medical School 1976-1980. Long time board member on American Cancer Society and Leukemia and Lymphoma Society. Clinical faculty member at UNLV Kerkorian School of Medicine since Inception in 2017. He has a long time interest in Integrative Therapies.



# 🟛 TODAY IN HISTORY

This class will examine the events, births and deaths that happen each week of the year. Some may surprise you. There will be time for discussion of the week's information.

### Maryland Pkwy

Wednesday, February 14 - April 24, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Noell Everhart grew up in a funeral home in rural eastern Ohio and formed an interest in history after watching the 1988 mini series "Gore Vidal's Lincoln". Noell started with the Civil War but soon became interested in general history and extensively studied the Civil War, the Holocaust, and musicals, along with many other subjects. Noell discovered a love of musicals at Christmas in 1988 after borrowing the Phantom of the Opera soundtrack (from Mom). Noell has been fortunate to travel extensively and indulge in a love of culture, history and musicals. Noell moved to Las Vegas September 2021 and has been at OLLI since February 2023.

# **WRITER'S CRITIQUE, INK**

Gather to have your writing read and critiqued by your peers. Class participation will include both submitting your work and providing positive feedback and editing suggestions for the other members of the class. Each class member will have the opportunity to present their work at least every other week. Fiction, non-fiction, poetry, essay, or editorial—all forms can be presented for review. Evaluation will be based on both content and grammar, with positive praise and constructive criticism included. Subject matter is not to be critiqued.

#### Online Delivery Wednesday, February 14 - April 24, 2024 10 week class TIME: 2-3:30PM

Instructor: Richard Kram is the author of a published novel and book of poems. He holds a B.S. in mathematics and electrical engineering from Duke University. Kram performed brain surgery on small primates during his two years of post-graduate work in neuropsychology. His eclectic interests served him well as VP of Systems and Software Engineering for a consulting firm, where anti-submarine warfare (ASW), kidney dialysis, and Naval war games were among his areas of expertise.

#### THURSDAY

### APOLLO REDUX CONTINUED: THE APOLLO MISSIONS

This course will complete the series of Apollo Redux classs. It will cover the Apollo Manned missions, 1 through 17.

#### Maryland Pkwy

Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10:45AM

Instructor: Fred Peters spent the majority of his 40-year career with NASA's Johnson Space Center working on its manned spacecraft program. He is an aeronautical engineer with an MBA, and has been a frequent lecturer on the manned space program. He was a project engineer during the Skylab program and was responsible for planning and scheduling during the Space Shuttle and Space Station programs. He completed all but the dissertation for his Ph.D. in public administration.

### **Ⅲ** RECREATIONAL CARD PLAYING

Even if you haven't touched a deck of playing cards in years, you will enjoy this class. The games are easy to learn and enjoyable to play. Compete against fellow OLLI at UNLV members in a friendly atmosphere. Our purpose, besides defeating our opponents, is to socialize and to have fun. To begin your day with excitement and camaraderie, come join us for a thrilling morning of card playing.

#### **Maryland Pkwy**

Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10:45AM

Instructor: Frank Davio worked for Rheingold Brewery in Brooklyn, New York as a truck driver and for Southwest Airlines in Las Vegas as a ramp agent. He was raised in a social club culture and has been playing cards for recreation most of his life. Though he now occasionally plays cards online, Davio knows there is nothing that compares with the fun, entertainment, and excitement of playing cards in the flesh.

Jim Sesto is a retired Clark County School District educator who enjoys traveling to see his children and grandchildren in Reno and Salt Lake City. Sesto has taught OLLI at UNLV classes with Kadoich for the past three years, and has attended OLLI at UNLV classes since 2014. Sesto and Steve and Jane Kadoich have been friends for more than 25 years.

## THE MYSTERIES OF WOUND HEALING

This class will cover different types of wounds such as skin tears, trauma, venous, arterial, diabetic, surgical, moisture associated skin breakdown, non-healing wounds, topical skin management, and nutrition in wound healing.

#### Online Delivery Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10AM

Instructor: Dawn Hume is a retired Registered Nurse who has a Certification in Wound and Ostomy Management. She was chosen as Nurse Mentor of the Year at UMCSN, and was selected as a March of Dimes recipient honoring Nursing Excellence. Dawn has taught multiple classes at UMCSN on Wound and Ostomy Management to Registered Nurses. Now she is bringing this education to the masses, so we might all gain knowledge for ourselves and others.

## THE OTHER ASSASSINATIONS OF THE 60'S: RFK, MLK & MALCOLM X

Conspiracy–RFK, MLK and Malcolm X. The 1960's saw a rash of assassinations: first JFK on November 22, 1963, then Malcolm X on February 21, 1965, Martin Luther King on April 4, 1968, followed by Senator Robert F Kennedy, on June 5, 1968. We will examine the events surrounding these cases of RFK, MLK and Malcolm X. Were all these assassinations somehow connected? We will also explore the adjacent occurrences plaguing these events. The lack of a real trial in each of these cases. Sirhan Sirhan is still in jail. A civil trial confirmed that MLK was killed by government agents. All assassins of Malcolm X have been exonerated. Could it all be...a conspiracy?!

#### **Online Delivery**

Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10AM

Instructor: Mark Marcario has had a lifelong interest in the assassinations of the 60's. He has attended many conferences since 1968, going to special sessions and workshops put on by many of the top researchers in the field. Mark provided expert commentary about the hearings of the The House Select Committee on Assassinations. Mark recently attended a research conference in Memphis TN, where he got first hand knowledge of the MLK shooting.

# 🟛 YIN YOGA

Yin yoga is a meditative practice in which yoga poses are held for 3-5 minutes at a time. This practice integrates mindfulness, as each pose is a meditation. Gradual and complete stretches build pliability in connective tissues, most notably the fascia. Stretching along the acupressure meridians will improve the flow of energy in asana practice and allow you to sit comfortably for longer periods. Yin yoga is steady, passive, provides balance, and reduces stress—all excellent for the senior period of life.

#### **Maryland Pkwy**

Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10:45AM

Instructor: Pam Reynolds is a certified White Lotus yoga instructor, having practiced for over 30 years. While living in Detroit she introduced hundreds of people to yoga through her company Yoga in the City. Upon moving to Las Vegas in 2001, she conducted after-school workshops for teachers as well as incorporated yoga in her classroom for behavior modification. She has a regular practice at TruFusion.

Marcia Johnson has taken teacher training workshops at TruFusion. She is a practicing Yin Yoga student.

# 🟛 YOU GOTTA HAVE FAITH

As part of the Campus and Community speaker series this class will focus on all different religions, history and holidays and beliefs and how they intermingle. We will have speakers from all areas of faith to speak to religion and how it applies to the events of today. Come learn and hear from the leaders of many Las Vegas/Henderson religious institutions.

Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 9-10:45AM

Instructor: Julia Pizzi is a Certified Spiritual Director; Reiki Master; Meyers Briggs certified facilitator and Currently Administrative Director of Interfaith Contemplative Center for Spirituality in Healthcare in Nevada with 35 years in executive Human Resource leadership focusing on career development and coaching.

# **COUNTRIES, CULTURES, & CURRENT ISSUES**

This semester we will leave the Atlantic region and begin a journey along the Congo River, in Central Africa. The Democratic Republic of the Congo, Angola, Uganda, Rwanda & Burundi.

#### Online Delivery Thursday, February 15 - April 25, 2024 10 week class TIME: 10:30AM-12PM

Instructor: Muree Reafs continues with her two courses this Spring. Countries, Cultures, Current Issues moves from the Atlantic Coast to countries in the Congo Basin. Our Nation State by State will cover the states admitted in the decade of the 1860s: Kansas, Nebraska, West Virginia & Nevada.

# AMERICA'S TREASURES

America is filled with treasures, natural wonders, remarkable people, beautiful buildings, marvelous music. In this course, each week a different member of the America's Treasures team will share with you an instructor's choice of our national gems. You may hear about a unique artist, a group of star singers, an outstanding museum or a favorite site. You will meet treasures you never heard of and learn more about those you already know.

#### Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Fran Smith holds a B.A. in political science and an M.A. in international relations. Her first career was on Capitol Hill as a Congressional aide. Her second was in housing development in Honolulu. And her third was nonprofit management. After retiring, she returned to her love of learning through OLLI at UNLV. Although she has no professional art experience, she minored in art history and has pursued her love of art all her adult life through travel.



# **D** I'VE GOT A DIGITAL CAMERA-NOW WHAT? A NEWBIE BEGINNERS COURSE

The goal of this class will be to give you confidence to take your digital camera and create fun pictures you'll be proud to share, post and print. We will start with the absolute basics and learn a little bit more about our cameras each week. This class is not intended for phone photography since we will be covering the topics of shutters, apertures and focusing.

#### **Maryland Pkwy**

Thursday, February 15 - April 25, 2024 10 week class TIME: 11AM-12:45PM

Instructor: As well as a contributing photographer to KC Publications, David Weinstein has also volunteered in the past as an instructor with the Nevada Camera Club and a co-leader with the Explorers photo post in Las Vegas. David keeps himself professionally active by supplying pictures for souvenirs you can find at Hoover Dam and many Nevada State Parks.

# DEN & INK DOODLING/SKETCHING

Can you hold a pen? Draw a line with it? If you answered yes, you can "doodle/sketch". A doodle is a casual scribble. A sketch is a quick, rough drawing. Anyone can doodle/sketch. No experience needed. Only an ink pen (ball point, roller, felt, gel, whatever) and a piece of paper (typing, drawing, individual sheet or book) is necessary. Learn how to get started, use some basic drawing principles to create interest and perhaps end up with a doodle/ sketch that you may want to do something with, find meaning in, want to keep, or want to throw away.

#### **Maryland Pkwy**

Thursday, February 15 - April 25, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Richard "Dick" Hoyt retired from UNLV in 2010 and in 2014 became an OLLI student. Having occasionally studied and dabbled in art he started a daily drawing project in 2015. The result is several completed drawing books and over 2600 individual pen and ink doodles/sketches/ drawings. The daily project continues.

# THE TWILIGHT ZONE: EXPLORING THE MIND OF ROD STERLING

This class examines five years of the Twilight Zone through discussion of various episodes. Discover what stories were decades ahead of their time and explore the meaning of each story. We will also examine the life of Rod Sterling himself.

#### **Maryland Pkwy**

Thursday, February 15 - April 25, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Dan Mysliborski retired from Ocean Spray Manufacturing in 2011. He has been a Las Vegas resident since 1992 and a student at OLLI at UNLV since 2013. He graduated from DeSales University in 1980 with an accounting degree. Mysliborski is a fan of television from the 50s and 60s and has enjoyed Twilight Zone since its original broadcast in 1959.

## **W** YOUR HEART, LUNG, BRAIN, SPINAL CORD, & ENDOCRINE SYSTEM

In this multimedia course, we will study the anatomy and physiology of the circulatory and respiratory systems. We will then discuss selected diseases of the heart and lungs based on student interest. Next we will study the anatomy and physiology of the nervous system and again follow these sessions with selected diseases related to the brain and spinal cord. Finally, we will study the endocrine system and follow this with selected endocrine disorders. The final class of the course will be a review and address topics requested by the students.

#### Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Dr. Carolyn Yucha is both a nurse and a physiologist. She has taught numerous courses in Nursing Schools in Anatomy, Physiology, and Pathophysiology. She has served as editor of Biological Research for Nursing, a peer-reviewed scientific journal, for the past 22 years. Dr. Yucha was Dean of the School of Nursing at UNLV from 2004-2018. She hopes to share her enthusiasm for the relationships between structure and function in our extraordinary human bodies.

# **S** AGING WELL: THE FIVE PILLARS OF LONGEVITY

Research findings are provided supporting the five pillars of longevity. Factors supporting a long lifespan as well as a positive health span are examined in detail. Additionally, mental health matters, social relationships, downsizing, and much more will be included as well. Curated video clips as well as commercial films may be played for enjoyment, education, and discussion.

### Carnegie Heights at Henderson Thursday, February 15 - April 25, 2024 10 week class

TIME: 1-3PM

Instructor: Dr. Richard Berman has over 50 years of service in mental health as a therapist and supervisor and in his last position as director of mental health services for Lapeer County in Michigan. Additionally, he has instructed over 150 courses for several colleges in Michigan as well as a full-time faculty member at UNLV. Berman also served as president of the Michigan Association of Mental Health Center Directors as well as for the Association of Psychiatric Centers of the Americas.

# SELLI PRINTING EXPLORATION

Gelli printing is a mono printing process created by applying acrylic paint onto a reusable plate made of clear, flexible gelatin called a Gelli plate. In this class, you will learn to apply acrylic paint to the surface of a Gelli plate, press a sheet of paper onto the plate and then pull a print. We will use the prints to make collages and books and frameable art works. Don't wear your best clothes. This is a messy class. Be prepared to explore and experiment!orks. Don't wear your best clothes. This is a messy class. Be prepared to explore and experiment!

#### Merrill Gardens Retirement Community Thursday, February 15 - April 25, 2024 10 week class TIME: 1-3PM

Instructor: Jane Torrance is a retired Occupational therapist with a life long interest in arts and crafts. She has been a member of the Fabulous Las Vegas scribes since 2014, a local calligraphy and paper arts group since 2014.

# AGING MASTERY: A FUN & INTERACTIVE SERIES FOR AGING WELL

The Aging Mastery Program (AMP) is an engaging series developed by the National Council on Aging and presented by the University of Nevada, Reno Extension. The AMP series includes all weekly educational materials and (over 20) program-related items for no additional fees. The ten weekly topics are: Navigating Longer Lives, Exercise and You, Sleep, Healthy Eating & Hydration, Financial Fitness, Advance Planning, Healthy Relationships, Medication Management, Community Engagement, and Fall Prevention. Classes are interactive and offer many activities and resources to help participants design and master the art of aging well.

#### Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Ellen Grossman has dedicated over 20 years of her expertise in the non-profit field with over 17 years specifically devoted to the health and wellbeing of older adults and their caregivers. Ellen is a Program Manager for University of Nevada, Reno Extension<sup>™</sup> Healthy Aging Initiative. Ellen is a certified leader in the NCOA Aging Mastery Program, AARP Disrupt Aging Classroom, and Stanford University<sup>™</sup> Chronic Disease and Diabetes Self-Management Programs.

## EVERYTHING YOU WANTED TO KNOW ABOUT ALGEBRA BUT WERE AFRAID TO ASK: PART II

This class is a continuation of 'Everything You Wanted to Know About Algebra but Were Afraid to Ask, Part I'. Part I is not a pre-requisite or necessary to Part II. We will cover polynomials, uniform motion problems, and graphing linear equations. Some of the areas that will be discussed are definition of a polynomial, a monomial, a term, types of polynomials, finding the degree of a polynomial, finding the degree of a monomial, scientific notation, the three types of uniform motion distance problems, and learning about linear equations and how to graph them, given various information.

#### Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Jennifer Neeman holds a B.S. in "pure" mathematics with minors in physics and secondary education from Temple University in Philadelphia. She also has master's degrees in both educational psychology and curriculum and supervision. Neeman retired from teaching mathematics after 40 years in middle schools, high schools, colleges, and universities in Pennsylvania and New Jersey. She has written the mathematics curricula for three different school systems in New Jersey. She was also an assistant principal and guidance counselor.

# **D** SO YOU THINK YOU CAN BELLY DANCE LIKE AN EGYPTIAN?

This beautiful art form is all about mind, body and spirit! Enjoy learning a creative cultural dance while enhancing stamina and awareness of body image. This is an opportunity to understand and combine middle eastern music with Egyptian belly dance steps. This art form will help you to maintain flexibility, muscle tone and bone strength. And keep you physically fit. Come and enjoy the fun! Keep dancing!

#### Maryland Pkwy Tuesday, February 13 - April 23, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Mercedes Dorothea Foster is 78 years young and a retired Advanced Practice Registered Nurse. She is a show producer, choreographer, Egyptian Belly Dance instructor and Afro-Brazilian Samba Dance instructor from Brooklyn, NY. She has been belly dancing since May 1989 and has performed professionally around the world. She taught belly dance for eleven years in Honolulu, Hawaii and at the historic Doolittle Community Center, in Las Vegas, Nevada for ten years. Mercedes was invited to dance and then, subsequently, taught various dance forms for two years at the Speeding Theater Over 55, in Las Vegas. Her dance style is described as Egyptian Style Belly Dance and Afro-Brazilian style Samba. She has been teaching dance techniques, combinations, and choreography off and on since 1998. Mercedes teaches various forms of dance because it is lots of fun and it keeps her physically fit.

# THE VIKINGS: PART 2

Join us for the next journey of our historical Viking voyage into new lands led by The Great Courses instructor, Dr. Kenneth W. Harl . "See" Iceland, Greenland, Vinland, Russia & Byzantium. Experience the evolution of Viking culture from village life to encountering the known world through Viking trade & cultural exchange. Meet Jarls (earls), Sea Kings, Kings of the countries of Norway, Sweden, Denmark, & Christian Saints. Famous people who shaped Scandinavian and Viking Culture that changed Vikings into Crusaders. Bring your sverd (sword) and skjoldr (shield) and join our fraendi (kinsmen) on this ferd (journey) of discovery! Skal!

#### Maryland Pkwy Thursday, February 15 - April 25, 2024 10 week class TIME: 1:45-3:30PM

Instructor: Chris Salinas is a 42-year resident of Las Vegas working at the Nevada Test Site and Clark County School District and raising a family here. Volunteer work included Boy/Girl Scout Leader/Camp Staff, CCD Teacher, PTA, Red Cross, USO & LV Natural History Museum. She enjoys travel, museum visits, crafting, and shooting sports. This is her 7th year with OLLI and the third semester presenting The Great Courses Lecture Series.

## UNDERSTANDING DEMENTIA: OCCUPATIONAL ENGAGEMENT FOR OLDER ADULTS

This five-week program is an engaging and informative course designed to empower adults on how to engage in their meaningful activities and participation. This is also a dementia awareness program, where we will cover knowledge about dementia and deconstruct misconceptions about the condition. Each week there will be lectures, as well as opportunities for physical and cognitive activities, and discussions related to the weekly topic. This program is part of my capstone project to see if a dementia awareness program with occupational engagement content can improve positive attitudes towards dementia

#### Maryland Pkwy

# Thursday, February 15 - March 21, 2024 5 week class TIME: 1:45-3:30PM

Instructor: Cynthia Lee is a third-year student at UNLV's Occupational Therapy program. At the end of spring 2024, Cynthia aims to graduate and become an occupational therapist, who helps people across the lifespan to develop or regain the skills needed for everyday and/or meaningful activities to increase independence and achieve overall well-being. During her time as a student, Cynthia has experience both working with children and older adults in various settings.

# **OUR NATION: STATE BY STATE**

In the decade of the 1860s only 4 states are admitted to the Union. Each have a story for us to explore. Kansas and Nebraska lie in the Great Plains and took the nation on the last steps to the Civil War. We return to the Appalachia Region as West Virginia makes a decision as to which side of the conflict it wanted to support. Nevada steps up at the end of the War to support the second term of Abraham Lincoln for President.

#### **Online Delivery**

# Thursday, February 15 - April 25, 2024 10 week class TIME: 2-3:30PM

Instructor: Muree Reafs continues with her two courses this Spring. Countries, Cultures, Current Issues moves from the Atlantic Coast to countries in the Congo Basin. Our Nation State by State will cover the states admitted in the decade of the 1860s: Kansas, Nebraska, West Virginia & Nevada.

#### FRIDAY

# SAMERICAN CIVIL WAR 1863-1865

The American Civil War is an overview of the early years of the Civil War in a lecture/discussion format. Two weeks discussing the causes of the Civil War will be followed by explorations of economics, politics, military organization, medicine, strategy, and tactics of the North versus the South. The balance of the term will look at Eastern and Western campaigns, major battles, personalities, and politics for 1861 and 1862.

#### Las Ventanas Retirement Community Friday, February 16 - April 26, 2024 10 week class TIME: 9-10:45AM

Instructor: Wayne Rohrbaugh was born and raised in Hanover, PA, which is about 13 miles from Gettysburg. From early childhood, he has been a Civil War buff. Rohrbaugh earned a B.S. in chemistry from Penn State with enough credits to have a minor in history. He has read over 200 Civil War books and subscribes to three Civil War magazines. Over the last six years he has attended six one-week tours with Civil War historians, including Dr. James McPherson. Rohrbaugh was a professor at McDonald's Hamburger University in Oak Brook, IL, where the slogan was "Keep it simple, make it fun!"

# $oldsymbol{\widehat{I\!I}}$ introduction to watercolor

Did you ever want to try using watercolor? Here's your chance! We will look at essential materials, some basic art principles, and explore different techniques. All you need are some supplies, a bit of water, a willingness to try a new adventure, and a sense of humor! We'll do some painting every week, so put on your artist's hat and let's go!

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 9-10:45AM

Instructor: Jean Beard is an experienced trainer, and an amateur watercolorist who only started painting after retirement. She has taken classes and workshops from prominent artists, and stresses the fun in creating art. Jean admits she often learns more from her students than the other way around!

# MANAGING YOUR HEALTH WITH DIABETES (AND OTHER CHRONIC CONDITIONS)

Manage your health to live to your fullest while living with diabetes or other chronic conditions. Learn about healthy eating, fun physical activity, stress management, better communication, making decisions, problem solving, and how to take action to achieve your health goals.

Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 9-10:45AM Instructor: Dignity Health's Richard Davis received his B.A. from the University of San Francisco in 1981. He excels in community outreach and is a requested conference speaker and a published writer on health care issues. Davis is a certified trainer and facilitator for Adult Mental Health First Aid Training. He assists in the promotion, implementation and delivery of all health self-management workshops in association with community partner organizations. Davis won the "Humankindness" award in 2019.

Casey Lyn Domingo is Health Programs Manager at St. Rose Dominican Hospitals WomensCare and Community Outreach Centers.

# DROFESSOR'S CHOICE

Professors Choice connects members of OLLI at UNLV to the research, scholarship, and creative activity of our university, which achieved the highest recognition as a top 130 research university in the United States. Learn about the latest endeavors from top faculty and administrators from UNLV's many areas of study., or another university. Maybe a law professor, a representative from the Barrick Museum of Art, or a coach who just finished a great season? Get ready for some great speakers! Part of the Campus & Community speaker series.

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 9-10:45AM

Instructor: Beth Davis is the OLLI Program Manager. She has a varied background in many areas of business. Her first job was working the back end of a photography studio. She has trained for three companies and has taught classes to Girl Scouts and youth groups in the past. She is looking forward to hosting the class.

# BASEBALL FROM THE BEGINNING: KEN BURNS PBS SPECIAL

Ken Burns PBS special-Baseball 1840s-2009. An epic overflowing with heroes and hopefuls, scoundrels and screwballs. A saga spanning the quest for racial justice, the clash of labor and management, the immigrant experience, the transformation of popular culture and the enduring appeal of our national pastime. This class will include other documentation not included in the PBS special.

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Dan Mysliborski retired from Ocean Spray Manufacturing in 2011. He has been a Las Vegas resident since 1992 and a student at OLLI at UNLV since 2013. He graduated from DeSales University in 1980 with an accounting degree. Mysliborski is a fan of television from the 50s and 60s and has enjoyed Twilight Zone since its original broadcast in 1959.

# **D**CONTINUING WATERCOLORS

This class will challenge experienced painters as we work to hone our skills and stretch our limits. Each week there will be a still life or photo for participants to study and interpret. Use it as an inspiration, or branch out on your own. The primary goal will be to enjoy ourselves! (Please note that we will not be covering any beginning techniques in this class. For beginning techniques, please sign up for the Introduction class.)

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Jean Beard is an experienced trainer, and an amateur watercolorist who only started painting after retirement. She has taken classes and workshops from prominent artists, and stresses the fun in creating art. Jean admits she often learns more from her students than the other way around!

# **D**EVERYONE CAN MEDITATE!

Embodied Meditation. . . the convergence of Buddhist philosophy, Somatics, and Compassion Practice, practiced to develop full-bodied awareness of who we are and how we are in the world, using a variety of modalities like sitting, walking, eating, breathing, guided meditation. Simply pay loving attention to whatever is happening in the moment, and become aware of how we respond, without judgment, without manipulation of the experience. This class is called, "Everyone Can Meditate!" because regardless of one's experience, everyone has meditative moments and this class teaches how to cultivate more of them with intention.

Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Ziona Friedlander has been teaching meditation for nearly 10 years using an 8-week course she created called "Everyone Can Meditate!"

# 🟛 OUR NATION: STATE BY STATE

In the decade of the 1860s only 4 states are admitted to the Union. Each have a story for us to explore. Kansas and Nebraska lie in the Great Plains and took the nation on the last steps to the Civil War. We return to the Appalachia Region as West Virginia makes a decision as to which side of the conflict it wanted to support. Nevada steps up at the end of the War to support the second term of Abraham Lincoln for President.

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class

TIME: 11AM-12:45PM

Instructor: Muree Reafs continues with her two courses this Spring. Countries, Cultures, Current Issues moves from the Atlantic Coast to countries in the Congo Basin. Our Nation State by State will cover the states admitted in the decade of the 1860s: Kansas, Nebraska, West Virginia & Nevada.

# **UNDERSTANDING CLIMATE CHANGE:** EFFECTS AND SOLUTIONS

Climate change is seriously impacting life as we know it for all living things on our planet and will only get worse unless serious action is taken to stop the use of fossil fuels. There are solutions that would slow or stop the worsening, but would require the political will of elected leaders. Citizens need to know the full scope of climate change impacts and understand the potential solutions that are being implemented and those that are still not happening.

#### Maryland Pkwy

Friday, February 16 - April 26, 2024 10 week class TIME: 11AM-12:45PM

Instructor: Jerry King is a seismologist who specialized in earthquake strong ground motion and probabilistic seismic hazard anaylysis. In the early 80's he worked for the U.S. Regulatory Commission, reviewing the seismic designs of nuclear power plants. In the mid 80's he managed with the Electric Power Research Institute. In 1986, he joined Science Applications International Corporation and moved to Las Vegas, where he helped design the earthquake hazards investigation program for the proposed high-level nuclear waste repository at Yucca Mountain. Jerry's involvement in the nuclear industry led to interest in national energy policy, which led to an interest in golbal warming and climate change. After retirement, he studied climate literature-the evidence for anthropogenic climate change is overwhelming and a serious threat to humans and our planetary ecosystems. His talks on global warming are from the perspective of a geoscientist with a concern about what his generation is begueathing to future generations. He is a volunteer member of Citizens' Climate Lobby and he chairs the Souther NV Chapter of the Association of Environmental and Engineering Geologists. He holds a BA in Physics from UCSD and a PhD in Earth Science for UCSD as well.

Joanne Leovy, MD has practiced family medicine for over 30 years, including over 20 in the Las Vegas area. She attended University of Washington School of Medicine, completed family medicine residency at University of Wisconsin Madison, holds a Diploma in Tropical Medicine, and is working on a Diploma in Climate Medicine from University of Colorado. In addition to a career providing primary care and teaching students and residents, she serves on a federal disaster medical assistance team, volunteers on the local Medical Reserve Corps, and regularly participates in medical volunteer trips in West Africa and Guatemala. She leads Nevada Clinicians for Climate Action, as well as the Las Vegas Chapter of Citizens Climate Lobby, and serves on the Southern Nevada Clean Cities Advisory Council. She loves outdoor Nevada, including hiking, biking, paddling, camping and skiing.

# 🟛 C.A.M.P. O: THE CLASS

C.A.M.P. O is being offered as a very special class for Spring 2024. We are looking to make some meaningful art pieces at our new Maryland Parkway Building. We will be painting benches for our parking area. We hope you will want to help with this service project and get your creative juices flowing.

#### Maryland Pkwy Friday, February 16 - April 26, 2024 10 week class TIME: 1-3PM

Instructor: Johnny Law has been an OLLI Art Instructor for almost 10 years now with an ever-morphing Beginner Drawing Class with an emphasis on creativity, and is probably why so many "OLLI Art Community" artists often return to Johnny's Class over and over again! He never really did anything artsy before his first OLLI drawing class 10 years ago that struck gold. Which is why his class is successfully based on his own journey, as a self-proclaimed 5X7 refrigerator magnet and forever beginner ARTEEST!



# Thank you for supporting OLLI at UNLV's **Goals and Mission**



Support for moving into our new facility was greatly felt through this year's Phone-a-thon. We look ahead to Rebel Gives this spring. We finished in a very respectable position last year "third place" among all colleges and divisions, with two OLLI members hitting the donation leaderboard. Can we overtake Liberal Arts this year? We'll see.

The importance of Planned Giving and Leaving a Legacy was introduced through a three part educational series on philanthropy and family wealth. This was in partnership with the UNLV Office of Gift Planning, and presented by Eric



Schimmoeller, Senior Director, UNLV Office of Gift Planning, Philanthropy and Alumni Engagement.

Individual and family legacy gifts are very powerful. There is a sense of unity and purpose which comes from these generous gifts. For the individuals/ families there are, of course, tax benefits, but more importantly the feeling of doing good.

For the organizations who are lucky to receive these gifts there is a further sense of purpose and contentment in knowing their goals and mission will move on into the future.



These types of gifts will ensure organizations, like OLLI at UNLV, will be around for your children, grandchildren and their children and beyond.

If you would like further information or guidance, please contact: Eric Schimmoeller, 702-895-2816, eric.schimmoeller@unlv.edu.

"The great use of life is to spend it for something that will outlast it."

–William James

# **Special Event**

A Very Special Event for OLLI Members this Spring!



# WRITING A "LEGACY LETTER"

#### Location: via Zoom

(a zoom link will be provided through Member Memo to all members prior to the event) Friday, March 1, 1-3pm

A legacy letter (also called an "ethical will") is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends and loved ones. This program includes discussion and brief writing exercises to help you examine your life history, explore your values and capture important insights. It offers advice, encouragement and a model structure to help you draft and complete your own legacy letter.

### Jay Sherwin (Our presenter for this free to OLLI Member event)

Jay Sherwin has practiced law, given away money for five different charitable foundations and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills and other legacy documents. Jay has extensive experience facilitating adult learning programs and he has taught this online class for OLLI programs nationwide.

This will be an interactive workshop that we feel many will truly enjoy and benefit from. Any questions, contact OLLIatUNLV@unlv.edu, (702) 774-6554.



Volunteers are so important to OLLI at UNLV! Our program depends on volunteers dedicated to the continuous improvement and success of our lifelong learning community. They instruct our classes, support our members, promote our goals and mission, fundraise, help with planning and communication and also with tasks around our Administrative Office.

### We LOVE and NEED Volunteers Year-Round!

We welcome you to sign up to help, or stop by, whenever you can.

There are a variety of opportunities for members to participate whenever their schedule and availability allow. Have some extra time between classes, stop by and sign some birthday cards or stuff some envelopes! Help out with Open House or phone a thon.

We encourage members looking for volunteer roles on an as-needed basis to assist with making coffee, being a classroom host (in person or virtual), emailing or calling prospective OLLI members and more.

For those who are looking to increase their involvement through ongoing volunteerism, you can join a committee or help in the

# OUR OLLI VOLUNTEERS ARE THE

Administrative Office. Become an OLLI Ambassador and spread the word about OLLI. Enter in attendance, complete inventory, or answer phones to help out the office staff.

We really have something for everyone and we love to have you around.

To learn more about the volunteer opportunities available this spring and the coming semesters, please email: OLLIatUNLV@unlv.edu. Volunteer Forms (page 39) are also available in the OLLI Admin Office or the classrooms.

REFER A FRIEND AND RECEIVE \$25 OFF YOUR MEMBERSHIP!

Come to

**OLLI at UNLV** 

For each referral, up to three per semester, you can receive a \$25 discount. So why not bring a friend...or three...to join OLLI at UNLV?



# **VOLUNTEER FORM**

olli.unlv.edu

### **Contact Information**

Name	
1 tonito	

Phone Number

### I WOULD LIKE TO CONTRIBUTE TO OLLI AT UNLV BY BEING A...

(Last)

- Administrative Volunteer Assist the OLLI at UNLV Administrative Team with answering phones, making copies, & being the front line of customer service on campus. Additionally, Administrative Volunteers have the opportunity to provide information to prospective members and input data into our collection systems.
- Birthday Club Volunteers will write birthday cards monthly to celebrate our members' special day.
- Classroom Host Volunteers will assist their Instructor with taking attendance, turning rosters in for updating throughout the semester, and making announcements. Tech-

Return this completed form by visiting the OLLI Administrative Team at Maryland Pkwy. Building, Monday through Friday 8am to 3pm.

# THANK YOU.

savvy? You can also assist those who may need a little help with A/V equipment.

(First)

Email Address

- Coffee Room Host Coffee Hosts are some of OLLI at UNLV's most important volunteers! They ensure all members have access to fresh coffee throughout the day as well as assist with maintenance of the member areas. Coffee Hosts are scheduled Monday through Friday, in the morning to make coffee and in the afternoon to prepare for the following morning. Coffee Hosts will greet and let members know "what's going on around OLLI" including events and important dates.
- **Envelope Stuffer** Volunteers assist with member mailings at the end of each semester to prepare for the next. Or throughout the semester for special events.
- Open House Help promote all that OLLI at UNLV has to offer to more than 500 current & prospective members who can meet instructors, pay their membership, and sign-up for semester events.
- Phone-a-thon Make phone calls and encourage the OLLI at UNLV membership to support our growing program! Suggested script, refreshments, and training are provided.

### Other –

🔵 Other –

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# Thank You Volunteers!

Whether it's helping at Open House, making coffee, or answering phones in the office, it's our dedicated volunteers that help us succeed.

### From everyone here at OLLI... Thank you!

# UNIX OSHER LIFELONG LEARNING INSTITUTE



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# **SPRING 2024 MEMBERSHIP FORM**

7	02-774-OLLI olliati	unlv@unlv.edu	olli.unlv.edu	
Member Infor	nation			
Name				
	(Last)	(First)	(Middle Initial)	
Badge FIRST Name				
Street Address				
City/ST/Zip Code	(City)	(State)	(Zip Code)	
Day Phone		Email Address:		
Emergency Contact	(Name)		(Phone)	
Is this your first class	with OLLI at UNLV?			
If no, does your stud	If no, does your student record need to be updated?			
I would like to OPT OUT of the OLLI member directory				
How did you learn at	pout the OLLI at UNLV program?			
Catalog  U V	Vebsite   Advertisement   Other:			
□ Referred by a	nother OLLI at UNLV member	Referring Membe	's Name:	
Membership F	Fee Information			
□ Fee of \$105 fo	or Spring 2024 Membership (available No	ov 1-Mar 22)		
□ Fee of \$139 fo	or Semi Annual 2024 Membership (Spring	2024 and Summer	2024 semesters) (available Nov 1-Mar 15)	
□ Fee of \$49 for	Summer 2024 Membership (available M	ar 16-Jun 30)		
*Note: A portion of the	membership fee may be used to provide food and beve	erage for OLLI at UNLV so	cial events, meetings and programs.	
Payment Info	mation			
□ Visa	Card Number:	CVV:	Exp. Date:	
□ MasterCard □ AMEX	Cardholder Name:	·		
	Cardholder Signature:			
Check/ Money Order	Please make checks or money orders out to BOARD OF REGENTS *Note: DEO does not accept cash as a form of payment for class registrations and purchasing of parking permits.			
4 Easy Ways t	o Join or Renew Your Mem	bership		
Online	Register online by visiting OLLI.unlv.ed	u/join		
By Phone	Call the information desk at 702-895-3394 Monday through Friday, 8am to 5pm.			
In Person	Visit the information desk until Dec 31, 2023 at 851 E. Tropicana. After Jan 1, 2024 at 4350 S Maryland Parkway. Monday through Friday 8am to 5pm			
By Mail	Mail this form with your payment (please do not send cash) to:			

OLLI at UNLV, 4505 S. Maryland Parkway, Box 452002, Las Vegas, NV 89154-2002

# **EACH**for OLLI at UNLV

Looking to share your knowledge and passion with a community of lifelong learners?

Become an OLLI at UNLV volunteer instructor! It is so rewarding in so many ways!



**Submitting a proposal to teach with OLLI at UNLV is easy!** A class proposal includes instructor name and contact information, class title, a brief class description, and three different day and time preferences.

Not a current instructor with OLLI yet? Join us for a Potential Instructor Meeting via zoom on Tuesday, April 2, 2024 from 1-3pm. You will have the chance to learn about teaching with OLLI, the proposal process, and tips for being an engaging lifelong learning instructor. To sign up for the Potential Instructor Information session, please email olliatunlv@unlv.edu. There are no requirements other than a passion for sharing and constructing knowledge with your peers!

Following the submission of a proposal, all new instructors will be contacted for a New Instructor Informational Interview by the Educational Programming Committee.

For further information or assistance, please contact the OLLI at UNLV Administrative Team at olliatunlv@unlv.edu, call 702-774-6554, or stop by the offices in our new building, 4350 S. Maryland Parkway, Maryland Parkway and Rochelle.

SEMESTER	EVENT	DATE
Summer 2024	Class Proposal Deadline	March 27, 2024
Summer 2024	Syllabi Due	May 1, 2024
Fall 2024	Potential Instructor Information Session	April 2, 2024
Fall 2024	Fall 2024 Class Proposal Deadline	May 19, 2024







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# WELCOME TO OUR NEW HOME!

We are so excited to move into our new OLLI building at 4350 S. Maryland Parkway. We are thrilled to welcome you to our new class rooms, coffee room and computer labs. Please stop by and see our new location. We should be fully moved in by mid January, 2024.

For more information: Call 702-774-6554 or visit OLLI.unlv.edu