THE SKEPTIC'S GUIDE TO HEALTH, MEDICINE, AND THE MEDIA

GAYLE MASON

This course will teach you to be a better consumer of health information. You will learn how not to fall for the latest health scare or sneaky attempts to sell you things you do not need. At the same time, you will become better at telling which health news stories are worthwhile to review and remember.

Week 1: Concussions and the Future of Football

New Drugs on the Block

Week 2: Is it time for Medical Marijuana?

The Media and Weight Loss

Week 3: Alternative Medicine in the News

The Media's Take on Mental Health

Week 4: The Media and the Internet

We Share Our World with Toxins

Week 5: Are Coffee and Wine Good for Your Heart?

Does Cancer Screening Work?

Week 6: Drug Prices in the News

Selling Disease

Week 7: Infections in the Headlines

Health Risks in Our Environment

Week 8: Bad Science

Diet, Health, and Power of Words

Week 9: Genetics and the Media

How to Stay Young

Week 10: Cures for the Common Cold

The Media's Role in Improving Health